



# Lebanon County MH/ID/EI to offer free training on Trauma Informed Care

Presented by Jayne Miller, Certified Trainer

**Research shows that 67% of the population has experienced at least one adverse childhood experience. These trauma-based adversities are predictive of a multitude of toxic physical, mental and social outcomes throughout a person's lifetime.**

## Trauma 101

To be better informed and prepared to prevent and address the traumatic impact of childhood adversities, professionals work together in this interactive workshop to build a powerful image that helps them appreciate the complex nature of trauma and its aftermath.

Date

April 21, 2026

Time

9:00 AM - 12:00 PM

Location

Lebanon County MH/ID/EI Office  
220 East Lehman Street, Lebanon

## Trauma 102

Prerequisite Trauma 101

Building on information provided in Trauma 101, professionals will expand their understanding of trauma and are provided specific skills that enhance abilities to interact in emotionally and relationally healthy ways with people impacted by trauma. This workshop provides professional opportunities to practice the skills presented.

Date

April 21, 2026

Time

1:00 - 4:00 PM

No cost to attend but registration is required.

TO REGISTER: email [Monica.Boyer@lebanoncountypa.gov](mailto:Monica.Boyer@lebanoncountypa.gov). Indicate session. If you are registering for Trauma 102 and not 101 please send proof of completion of 101.