

AN OUNCE OF PUBLIC HEALTH IS WORTH
A POUND OF HEALTH CARE!

HEALTH IS WEALTH

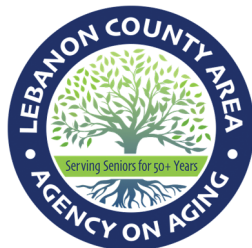
A RESOURCE FAIR FOR LEBANON COUNTY 50+ SENIORS

WEDNESDAY MAY 1ST

10:00am –2:00pm

Who's Sharing Information?

- Lebanon County Area Agency on Aging
- LCAAA Senior Community Center Program
- LCAAA PA MEDI, Medicare Counseling
- American Heart Association
- Cancer Equity, Penn State
- Central PA Food Bank
- COMPEER
- Digestive Health, Wellspan
- Domestic Violence Intervention
- Empowered Pain Relief, Penn State
- Fall Risk & Balance, Wellspan
- Lebanon County Christian Ministries
- Lebanon Community Health Council
- Lebanon Transit
- Master Gardeners, Penn State Extension
- Mental Health & Intellectual Disability
- Moon Dragon Fitness
- SARCC
- Suicide Prevention
- Vision CORPS



Schedule of Events

- 10:00am Doors Open
- 11:00am Qigong Demonstration, moving meditation
- 11:30-12:30pm Lunch Served
- 1:00pm Prizes Awarded
(must be present to win)
- 2:00pm Farewell and see you Next Year!
- 5:00pm Sole Supporters Walk
@ Lenni Lenape Park

RSVP for Lunch by calling the AAA Office @ 717-273-9262 or with your local center manager

There will be a picnic lunch with a suggested donation (\$4.50) to anyone who orders by 4/24.

Menu includes: Chicken Salad Sandwich, Italian Pasta Salad, Coleslaw, Cookie, Juice, & Milk.