

SOLE SUPPORTERS WALKING GROUP

COME WALK TO WELLNESS WITH US!



Join the Senior Community Center Program for group walks
filled with fitness & friendships!

Use the WALK TO WELLNESS GUIDE FIFTH EDITION for details on walking
trails. Complimentary copies are available.

WEDNESDAYS @ 5:00PM BRING A WATER BOTTLE!

Inclement weather days we will walk inside the Lebanon Valley Mall

- 4/10 Lion's Lake Park #6
- 4/17 Ironwood Community Park #3
- 4/24 Middle Creek #12
- 5/1 Lenni Lenape #7
- 5/8 LVC Fitness Trail # 23
- 5/15 N Londonderry Trails #25
- 5/22 Memorial Lake State Park #18
- 5/29 Lebanon Valley Rail Trail S #26 (8th St)
- 6/5 Lebanon Valley Rail Trail N #20
- 6/12 Annville Walk Works Trail #27
- 6/19 Jackson Rec Park #14
- 6/26 Stoever's Dam Park #2
- 7/3 Gloninger Woods Park #9
- 7/10 Swatara State Park #16
- 7/17 Union Canal Tunnel Park #5
- 7/24 Governor Dick Park #28
- 7/31 H M Levitz Memorial Park #19
- 8/7 Coleman Memorial Park #4
- 8/14 Snitz Creek Park #10
- 8/21 Nor. Lebanon HS Trail #22
- 8/28 Ebenezer Elementary Trail #21
- 9/4 Lebanon Walk Works Trail #8
- 9/11 TBD
- 9/18 TBD
- 9/25 TBD

