



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meals offered @ 12:00 PM 5 days a week. For meal reservation, please sign up or call 717-866-6786 by 11:00 AM the day before. Suggested Donation \$4.50	Upcoming Events 1/3 – January Luncheon @ Micks* 1/11- Snowman Luncheon @ Cedar Grill*	12/21 Special Meal Menu Chili Cheesy Cauliflower Soup Ham Sandwich Cole Slaw Bumbleberry Pie Milk	Inclement Weather Info TV: WGAL (CH.8) Radio: FM 100.1, AM 1270 Closing Notice: Lebanon County Area Agency on Aging: Meals on Wheels and Senior Centers are closed.	1 10:00 Activity Calendar Distribution 10:30-11:30 Collect for Events 10:30-11:30 Bingo* 12:00-12:30 Lunch
4 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	5 8:00 Indoor Walking & Breakfast* 10:00 Zoom Band Together 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	6 10:00 Nutrition Education Flyer Distribution 10:15-10:45 Stretch Resistance Exercise 11:30 "Happy December" Luncheon @ Hilltop Café* (Sign up by 11/29)	7 Bus Trip to American Music Theatre & Lunch @ Lititz Family Cupboard* Depart: 8:30 AM Return: by 5:00 PM	8 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch
11 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	12 8:00 Indoor Walking & Breakfast* 11:30-2:00 Christmas Party @ Ozgood's* (Sign up by 12/5) 	13 10:30-11:00 Stretch Resistance Exercise 12:00-12:30 Lunch	14 10:00 Zoom Band Together 10:30-11:00 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/ Planning Meeting	15 10:30-11:30 Bingo* 12:00-12:30 Lunch
18 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	19 8:00 Indoor Walking & Breakfast* 10:00 Zoom Band Together 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	20 10:00-10:30 Stretch Resistance Exercise 11:00-1:00 Christmas Carol Sing-Along & Pizza Party* (Sign up by 12/13) 	21 10:00 Zoom Band Together 10:30-11:00 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 12/14)	22 10:30-11:30 Bingo* 12:00-12:30 Lunch
25 AAA Office & All Senior Centers CLOSED	26 8:00 Indoor Walking & Breakfast* 10:00 Zoom Band Together 10:00-11:00 Games 11:15-1:00 Trivia & Hot Dog* (Sign up by 12/19)	27 10:00-10:30 Stretch Resistance Exercise 10:30-12:00 Craft w/ Ruth* 12:00-12:30 Lunch	28 10:00 Zoom Band Together 10:30-11:00 Chair Exercise 12:00-12:30 Lunch	29 10:30-11:30 Bingo* 12:00-12:30 Lunch