

October

2025

Lebanon County
Home Delivered Meals/Meals On Wheels

Monday	Tuesday	Wednesday	Thursday	Friday
		1c Winter Beef Stew 1/2c Green Beans 1 Biscuit 1/2c Sliced Apples	Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato 1/2c Tomato Cucumber Salad Fresh Fruit Hamburger Bun 	Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas 1 Breadstick 1/2c Blushed Pears
Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Orange Juice	Chicken Taco Salad 3oz Taco Meat, .5 oz Cheddar Cheese Salad Mix, Salsa, Ranch 1/2c Elote Corn 1/2c Yellow Rice 1/2c Pineapple	Chicken Paprikash w/ Creamy Tomato Sauce 1/2c White Rice 1/2c Green Beans Whole Wheat Bread Fresh Fruit 	Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1/2 Cauliflower Salad Sandwich Roll Fresh Fruit 	3oz Meatloaf with 2oz Gravy 1/2c Parsley Potatoes 1/2c Carrots Whole Wheat Bread 1/2c Vanilla Pudding Margarine
4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie Margarine	Roasted Honey Garlic Pork Loin 1/2c Peas 1/2c White Rice Fresh Fruit Dinner Roll Margarine 	3oz Kielbasa with 1oz Kraut 1/2c Parsley Potatoes 1/2c Mixed Vegetables 1/2c Applesauce Hot Dog Bun Margarine	Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Beets Salad 1 Whole Wheat Bread 1 Cookie	Stuffed Pepper w/ Sauce 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding Margarine
General Tso's Chicken 1/2c White Rice 1/2c Oriental Blend Vegetables 1/2c Mandarin Oranges Cookie 	3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin Margarine	Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread Margarine 	Cheeseburger 1/2c Seasoned Potatoes 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun	3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit Margarine
3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Pineapple & Mandarin Oranges	3oz Roast Beef w/ 2oz Gravy 1/2c Buttered Noodles 1/2c Peas White Bread 1 Piece Apple Cake Margarine	3oz Roasted Pork w/ Gravy 2oz Sauerkraut 1/2c Mashed Potatoes 1/2c Carrots Dinner Roll Cookie Margarine	Chicken Philly Sandwich 1/2c Three Bean Salad 1/2c Coleslaw Hoagie Roll Gelatin Margarine 	Happy Halloween! Vegetable Lasagna 1c Tossed Salad 1/2c Green Beans 1 Dinner Roll 1 Halloween Cookie

Please call AAA Office no later than the PREVIOUS BUSINESS DAY by 10:30am if you need to cancel your meal!

¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 10:30am si necesita cancelar su comida!

717-273-9262