TIPS & TIDBITS FOR MSSC!



Closed for Labor Day, Mon, Sept 1st Planning Mtg moved to Wed Sept 17th NO classes w/Sharon week of Sept 29th- Oct 2nd. NO Tai-Chi 22nd & 25th

FRI-YAY

ICE CREAM DAY

DAIRY OUEEN @ 130

FRIDAY SEPT 19TH

BE SURE TO SIGN UP!

2600 CUMBERLAND ST.

IMPORTANT



Missing Apron Luncheon

Snitz Creek Brewery 7 N. 9th St Tuesday, Sept 23rd @ 2pm Be sure to sign up.... Come join us for great food and fellowship!

In case you haven't noticed, we have a new friend in our foyer!

I promise, he doesn't bite and is user friendly:)

CoPilot is our NEW database system for ALL participants.

We will eventually move out of our paper system into a digital format. This is for liability and security purposes for everyone's safety and efficiency.

Please contact Barbara (Cen. Mgr.) if you haven't received your scan card. She will walk you thru the process and assign one to you.

Cell Phone number 273-1048.

Share our calendar with a friend or someone that may need community & connection.



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MAPLE STREET

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM



PICNIC LUNCH **SEPT 11TH**

SEPT 25TH



Fall Squash Recipe



- 1. Preheat the oven to 400°F. Line a rimmed sheet pan with parchment paper.
- 2. 20il and season the squash with a generous pinch of salt and pepper. Place the squash cut side-down on the prepared sheet pan. Pierce the outside of the skin with a sharp paring knife several times. Roast until the squash is tender, 40 to 45 minutes.
- 3. 3Meanwhile, brown the sausage in a large skillet over medium high heat, crumbling it as it cooks, 5 to 6 minutes. Remove to a bowl. Add the garlic, onion, mushrooms, and sage to the skillet. Cook, stirring, until the mushrooms have released their moisture and the onions have softened, 5 to 6 minutes. Add the kale and brown rice, season with a generous pinch of salt and pepper, and stir well to heat through. Transfer the mixture to the bowl with the sausage. Add the gruyere and 2 tablespoons of the parsley. Stir to combine.
- 4Remove the squash from the oven. Using a spoon, scrape some of the flesh from the neck of the squash, creating a small trench, adding the removed flesh to the bottom of the well where the seeds had been. Divide the filling mixture between the squash, filling up the seed well and the neck. Return the squash to the oven and bake until the cheese is fully melted and the filling is hot throughout, 10 to 12
- 5. Serve hot, topped with the parmesan and remaining parsley.

Annville 717.867.1796 Michele Allen 200 S. White Oak St. Annville, PA 17003 Christ Church UCC

Maple Street 717.273.1048 **Barbara Yeagley** 710 Maple St Lebanon, PA 17046 Area Agency on Aging

Myerstown 717.675.9546 Anne Kim 101 S Railroad St Myerstown, PA 17067

STARS!

OUR SHINNING

I would like to acknowledge our volunteers for the month.

Thank you to many of you that stepped up to assist with Summer picnic events.

I also want to take an opportunity To share my gratitude to the I ladies that assisted me with our NAT-E forms.

I know that many of you also assisted Julia with produce vouchers over last several weeks.

You all are so valuable. We appreciate each one of you. You're A STAR to MS!

> Palmyra 717.838.8237 Helene Heisey 101 S. Railroad St. Palmyra, PA 17078 Interfaith Manor