






## LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Upcoming Events</b></p> <p><b>6/3</b> – Luncheon at 501 Grill*</p> <p><b>6/18</b> – Father’s Day Dinner &amp; Mini Golf at Kauffman’s*</p> <p><b>6/30</b> – “Albright Life Center Services” presentation</p>	<p><b>5/21 special meal menu</b></p> <p>Loaded Potato Soup Turkey Noodle Chicken Breast Sandwich Coleslaw Strawberry Cheesecake Milk</p>	<p>Lunch is available Mon-Fri. Orders need to be placed by 10:30 AM on the previous business day.</p> <p>Suggested donation per meal is \$4.50</p>		<p>1</p> <p>10:00 Calendar/Nutrition Ed Flyer Distribution 10:30-11:30 Collect for Events &amp; Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch</p>
<p>4</p> <p>10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch <b>1:00-1:30 Chair Yoga (DVD)</b></p>	<p>5 8:00 Walking Club at Fairlane Park &amp; Breakfast 10:30-12:30 Pickleball 10:30-12:00 Game 12:00-12:30 Lunch <b>1:00-2:00 Bible Study</b></p>	<p>6 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise <b>12:00 Happy Mother’s Day Luncheon at Knight &amp; Day*</b></p>	<p>7 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch <b>1:00-2:00 Planning Meeting</b> <b>4:00 Dinner &amp; Mini Golf at Kauffman’s*</b></p>	<p>8</p> <p>10:30-11:30 Collect for Events &amp; Trips <b>10:00-2:00 Pinochle*</b> 10:30-11:45 Bingo* 12:00-12:30 Lunch</p>
<p>11</p> <p>10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch <b>1:00-1:30 Chair Yoga (DVD)</b></p>	<p>12 <b>Off-Site Programs</b></p> <p>8:00 Walking Club at Fairlane Park &amp; Breakfast <b>9:30-3:00 Carpool trip to Gretna Glen “Spring Fling”*</b> (sign up by 5/1)</p>	<p>13 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise <b>10:30-12:00 Own Craft Club</b> 12:00 Lunch <b>1:00–1:30 Chair Tai-Chi (DVD)</b></p>	<p>14 <b>Center Closed</b></p> <p><b>Seasons of Wisdom Festival for Older Adults (50+ Festival)</b> <b>At Maple St Center Location</b> <b>10:00 – 4:00 PM</b></p> 	<p>15</p> <p>10:30-11:30 Collect for Events &amp; Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch</p>
<p>18</p> <p>10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch <b>1:00-1:30 Chair Yoga (DVD)</b></p>	<p>19 8:00 Walking Club at Fairlane Park &amp; Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch <b>1:00-2:00 Bible Study</b></p>	<p>20</p> <p>10:30-12:30 Pickleball 10:30-11:30 Stretch Resistance Exercise 12:00 Lunch <b>1:00-1:30 Chair Tai-Chi (DVD)</b></p>	<p>21</p> <p>10:30-2:00 Pickleball 10:30-11:30 Chair Exercise <b>12:00-12:30 Soup &amp; Sandwich Special Meal*</b> (order by 5/14)</p>	<p>22</p> <p>10:30-11:30 Collect for Events &amp; Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch</p>
<p>25 <b>Center Closed</b></p> 	<p>26 8:00 Walking at Fairlane &amp; Breakfast 10:30-12:30 Pickleball <b>10:30-12:30 “Paint &amp; Sip” presented by Alpine Valley Rehab</b> 12:00 Lunch</p>	<p>27 10:30-12:30 Pickleball 10:30-11:30 Stretch Resistance Exercise <b>10:30-12:00 Own Craft Club</b> 12:00 Lunch <b>1:00-1:30 Chair Tai-Chi (DVD)</b></p>	<p>28</p> <p>10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch <b>4:00 Dinner &amp; Mini Golf at Wetlands*</b></p>	<p>29</p> <p>10:30-11:30 Collect for Events &amp; Trips <b>10:30-11:45 Quarter Bingo*</b> 12:00-12:30 Lunch</p>