Ma ₁	y Lunch Me	enu 💥		cy Senior Center ke-Out Meals
Monday	Tuesday	Wednesday	Thursday	Friday
	to order lunch, please contact your center	Picnic Lunch ONLY 1	MS Soup & Salad Bar 2	3
	manager or the LCAAA Office at	Chicken Salad Sandwich	Grilled Chicken Caesar Salad	Mango BBQ Chicken Breast
	717-273-9262	Italian Pasta Salad	1c Mixed Greens (Diced Chicken	1/2c. Brown Rice
The	Orders need to be placed by 11:00am	Coleslaw	1t Parmesan, Tomato, Croutons)	1/2c. Carrots
Nutrition 1	on the previous business day	Fruit Juice	1c Cream of Broccoli Soup	Wheat Bread
	All meals have a	Cookie	Dinner Roll	Fresh Orange
Group	suggested donation of \$4.50		1/2c Blushed Pears	
	*menu subject to change based on availability		1/20 51031100 1 0013	
6	7	8	MS Soup & Salad Bar 9	10
Stadium Hot Dog	Baked Salmon w/ White Wine	Pot Roast w/ Gravy	Salisbury Steak w/ Gravy	Pesto Chicken
1/2c Cheesy Potatoes	Cream Sauce	1/2c Mashed Potatoes	Baked Potato w/ Margarine	1/2c. Buttered Pasta
1/2c Green Beans	1/2c White Rice	1/2c Mixed Vegetables	1/2c Warm Beets	1c. Toss Salad w/ tomato & dresing
1 Hot Dog Roll	1/2c Island Blend Vegetables	1 White Bread	1 Wheat Bread	Dinner Roll
1/2c Pineapple & Mandarin Oranges	Wheat Bread	Seasonal Fresh Fruit	1/2c Gelatin	1/2c Peach Crisp
1, 20 i meappie a manaaim eranges	1/2c Cinnamon Applesauce	5505511011115311114115	2, 20 00.00	NEW 2
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13	14	15	Soup & Sandwich SPECIAL 16	17
1c Pizza Casserole	Baked Meatloaf w/ Gravy	Roast Pork w/ 2oz Sauerkraut	Italian Wedding Soup	Taco Bake
1/2c Peas	1/2c Buttered Noodles	1/2c Whipped Potatoes w/ Chives	Minestrone Soup	(3oz Taco Meat, .5oz Cheddar,
1 White Bread	1c Tossed Salad	1/2c Mixed Vegetables	Turkey Sandwich w/	Lettuce, Tomato, Salsa)
Seasonal Fresh Fruit	1 Dinner Roll	1 Wheat Bread	lettuce, tomato, & onion	Tortilla Chips
	Seasonal Fresh Fruit	Cookie	Coleslaw	1/2c Corn w/ Pimentos
			Strawberry Pie	1/2c Pineapple
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20	21	22	MS Soup & Salad Bar 23	24
BBQ Pulled Pork Sandwich	Baked Beef Ravioli (6 Ravioli)	Open Faced Turkey Sandwich	Cheeseburger	Chicken, Spinach & Cranberry Salad
1/2c Green Beans	w/ 1oz Shredded Cheese	w/ Gravy	w/ Lettuce, Tomato	w/ Dressing
1/2c Ranch Potatoes	1c Tossed Salad w/ Tomato	1/2c Whipped Potatoes w/ Chives	1c Creamy Potato Soup w/ Crackers	(3oz chix, .5oz cheese, 1t. Cran)
Sandwich Roll	1 Garlic Breadstick	1/2c Sweet Corn	1 Hamburger Roll	1c. Mixed Greens & Spinach
Cookie	Seasonal Fresh Fruit	1 White Bread	Seasonal Fresh Fruit	1/2c. Beets
	THEM	1 Cookie		1 Breadstick
	· · · · · · · · · · · · · · · · · · ·			1/2c Pears
Memorial Day 27	28	29		31
AAA Office & Senior Centers CLOSED	Teriyaki Chicken	Sliced Ham w/ Pineapple Sauce	Orange Glazed Pork Loin	1/2c Tuna Salad Sandwich
16 2 3 A 3	1/2c Vegetable Rice Pilaf	1/2c Whipped Sweet Potatoes	1/2c Buttered Pasta	w/lettuce & tomato
	1/2c Carrots	1/2c Green Beans	1/2c California Blend	1/2c Broccoli Salad
	1 Wheat Bread	1 Dinner Roll	1 Wheat Bread	1/2c Coleslaw
	Seasonal Fresh Fruit	1 Cookie	1/2c Peach Crisp	2 White Bread
Mever Forget Their Service				Seasonal Fresh Fruit
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Soup & Salad Bar Lunches are at Maple Street EVERY THURSDAY!
All other centers have a Soup & Sandwich Meal on the 3rd Thursday!
One week notice on SPECIAL orders, continued suggested donation of \$4.50 day of meal.