

April Lunch Menu

Lebanon County Senior Center
Dine-In or Take-Out Meals

Monday	Tuesday	Wednesday	Thursday	Friday
1 4oz BBQ Pulled Pork Sandwich 1/2c Hawaii Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie	2 Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit 	3 Picnic Lunch ONLY Chicken Salad Sandwich on a Wheat Bun Italian Pasta Salad Coleslaw Juice 1 Cookie National Walking Day!!!	4 MS Soup & Salad Bar Cheeseburger w/ Lettuce, Tomato 1 c. Creamy Potato Soup with crackers 1 Hamburger Roll Seasonal Fresh Fruit	5 Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1 Piece Cake
8 Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding	9  Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit	10 Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie	11 MS Soup & Salad Bar Orange glazed pulled pork 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp	12 4oz Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit
15 Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad W/Tomato 1 Breadstick Seasonal Fresh Fruit	16 Sweet & Sour Pork 1/2c. Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Apple Crisp	17 ALL PROGRAMS CLOSED Volunteer Appreciation Banquet Chicken Cordon Bleu Whipped Potatoes Glaxed Carrots Fruit Cup Ceasar Salad Strawberry Cheesecake	18 Soup & Sandwich SPECIAL Chicken Torellini Soup Loaded Potato Soup Ham Sandwich w/ Provolove Lettuce, Tomota, & Onion Coleslaw Chocolate Peanut Butter Pie	19 4oz Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit
22 Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears	23 Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese	24 Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges 	25 MS Soup & Salad Bar Baked Lemon Pepper Fish 1/2c Rice Pilaf 1/2c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit	26 Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 White Bread 1/2c Gelatin
29 Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	30 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad		to order lunch, please contact your center manager or the LCAAA Office at 717-273-9262 Orders need to be placed by 11:00am on the previous business day All meals have a suggested donation of \$4.50 *menu subject to change based on availability	

Soup & Salad Bar Lunches are at Maple Street EVERY THURSDAY!
All other centers have a Soup & Sandwich Meal on the 3rd Thursday!
One week notice on SPECIAL orders, continued suggested donation of \$4.50 day of meal.