




## LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067

(717) 675-9546

[myerstown.seniorcenter@lebanoncountypa.gov](mailto:myerstown.seniorcenter@lebanoncountypa.gov)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lunch is available Mon-Fri. Orders need to be placed by 10:30 AM on the previous business day.</b>  <b>Suggested donation per meal is \$4.50</b>	<b>8/21 Soup &amp; Sandwich</b> Chicken Noodle Loaded Potato Soup Turkey Club Sandwich Cole Slaw Key Lime Pie Milk	<b>Upcoming Events</b> 9/3 – Luncheon at Heisey's 9/11 – Mini Golf @Kauffmans 9/24 - Happy Autumn Celebration at Ozgood's 9/25- Mini Golf @ Wetlands	<b>Announcement</b> <b>New Copilot Check-In System for All Programs</b>  (See center manager for your ID Card ready for You)	1 10:00 Activity calendar distribution 10:30-11:30 collect for Events & Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch
4 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	5 8:00 Walking at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch <b>1:00-2:00 Bible Study</b>	6 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Exercise <b>12:00 Happy August Luncheon at A&amp;M Pizza* (sign up by 7/30)</b>	7 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch <b>1:00-2:00 Planning Meeting</b>	8 10:30-11:30 Collect for Events & Trips <b>10:00-2:00 Pinochle*</b> 10:30-11:45 Bingo* 12:00-12:30 Lunch
11 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	12 8:00 Walking at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch	13 <b>Indoor Summer Picnic*</b> 10:00-11:00 Games 11:00-12:00 Entertainment 12:00-1:00 Picnic Lunch 1:00 -1:45 Cake Walk (Sign up by 8/6) 	14 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch <b>4:00 Mini Golf &amp; Dinner at Kauffman's* (sign up by 8/7)</b>	15 10:30-11:30 collect for Events & Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch
18 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	19 8:00 Walking at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch <b>1:00-2:00 Bible Study</b>	20 10:00-10:30 Stretch Resistance Exercise <b>10:30-12:00 Craft Club (Bring your own craft)</b> 12:00-12:30 Lunch	21 10:30-2:00 Pickleball 10:30-11:00 Chair Exercise <b>12:00 Soup &amp; Sandwich Special Meal*</b> (Order by 8/14)	22 10:30-11:30 Collect for Events & Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch
25 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	26 8:00 Walking at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:00-11:00 Games <b>11:00 "The Hello Games" presented by the Aging Inspired</b> <b>12:00-12:30 Picnic Bag Lunch*</b>	27 <b>Off-Site Program</b> <b>Carpool Trip to "The September Farm" * (Meet at the Farm @ 10:30 AM &amp; spend the day on your own, sign up by 8/20)</b>	28 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch <b>4:00 Mini Golf &amp; Dinner at Wetlands* (sign up by 8/21)</b>	29 10:30-11:30 Collect for Events & Trips <b>10:30-11:45 Bingo*</b> 12:00-12:30 Lunch

\*Program w/ cost &amp; reservation required