May May			Lebanon County Home Delivered Meals/Meals On Wheels	
Monday 🥖	Tuesday 🥢	Wednesday	Thursday	Friday
The Nutrition Group	Please call the Area Agency on Aging with all meal questions/concerns 717-273-9262 cancellations: call on the previous business day before 11:00am *menu is subject to change based on availability	1 Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	2 Grilled Chicken Caesar Salad 1c Mixed Greens (Diced Chicken 1t Parmesan, Tomato, Croutons) 1/2c Three Bean Salad Dinner Roll 1/2c Blushed Pears	3 Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
6 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	7 Baked Salmon w/ White Wine Cream Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Cinnamon Applesauce	8 Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread Seasonal Fresh Fruit	9 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Warm Beets 1 Wheat Bread 1/2c Gelatin	10 Pesto Chicken 1/2c. Buttered Pasta 1c. Tossed Salad w/ tomato & dressing Dinner Roll 1/2c Peach Crisp
13 1c Pizza Casserole 1/2c Peas 1 White Bread Seasonal Fresh Fruit	14 Baked Meatloaf w/ Gravy 1/2c Buttered Noodles 1c Tossed Salad 1 Dinner Roll Seasonal Fresh Fruit	15 Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie	16 Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges	17 Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple
20 BBQ Pulled Pork Sandwich 1/2c Green Beans 1/2c Ranch Potatoes Sandwich Roll Cookie	21 Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit	22 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	23 Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	24 Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1/2c Pears
Memorial Day 27 NO MEAL DELIVERY!	28 Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit	29 Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie	30 Orange Glazed Pork Loin 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp *menu subject to change	31 1/2c Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit

Call AAA Office no later than the PREVIOUS BUSINESS DAY by 11:00am if you need to cancel your meal! ¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 11:00 a.m. si necesita cancelar su comida!

717-273-9262