



MYERSTOWN SENIOR COMMUNITY CENTER

101 S. Railroad St, Suite 217
Myerstown, PA 17067
© 717-675-9546



Myerstown.SeniorCenter@lebanoncountypa.gov

NEWSLETTER APRIL 2026



Myerstown Senior Center is located at 101 S. Railroad St within the Myerstown Borough Hall on the 2nd floor and is open to all Lebanon County seniors 60 years of age and over.

We offer both on and off-site activities such as day trips, social events, exercise programs, consumer education, bingo and daily meals offered 5 days a week. Meal reservations need to be made by 10:30 AM on the previous business day. Suggested donation for meals is \$4.50. No membership fee to join us. We are open weekdays 10:00 AM to 2:00 PM.

COMMUNITY PHONE NUMBERS

Lebanon County Area Agency on Aging:
717-273-9262
Social Security Office: 1-800-772-1213
PACE-PACENET: 1-800-225-7223
Rent Rebate Office: 1-888-728-2937
Medicare: 1-800-633-4227
Anti-Fraud Hotline: 1-855-303-9470

REMINDER

- Tax preparation for 2025 tax year - Call 717-644-9090. All available time slots have been filled. You can have your name put on the waiting list for cancelations.
- NAT-E reassessment is required if any information needs to be updated.

SPECIAL PROGRAM INFORMATION

- **Happy April Luncheon at Cedar Grill***
Wednesday, 4/1 @ 12:00 PM (Sign up by 3/25)
- **Pickleball**
Tuesdays, Wednesdays, Thursdays at 10:30 AM except 1st Wednesday
- **Chair Yoga (DVD)**
Every Monday @ 1:00 PM
- **Chair Tai-Chi (DVD)**
Every Wednesday @ 1:00 PM except 1st Wednesday
- **Soup & Sandwich Special Meal***
Thursday, 4/16 @ 12:00 PM
Menu: Loaded Potato Soup, Turkey Noodle Soup, Chicken Breast Sandwich, Coleslaw, Lemon Meringue Pie, Milk
Suggested Donation of \$4.50. Order by 4/9
- **HSOA Fall Prevention Workshop & Pizza Lunch**
Wednesday 4/22. 10:00-2:00 PM. No cost. Sign up by 4/22. Limited seats.
- **“Dementia” Presentation by Seniors Helping Seniors**
Tuesday, 4/28 @ 10:30 AM
- **Volunteer Appreciation Banquet**
Wednesday, 4/29 @ 10:30 AM. Maple St. Center Location. By invitation only.

UPCOMING EVENTS

- 5/6 – Mother’s Day Luncheon @ Knight & Day
- 5/12-Day Trip to Gretna Glen “Spring Fling”
- 5/14 – 50+ Festival @ LCAAA

*Program w/cost & reservation required
**All information subject to change