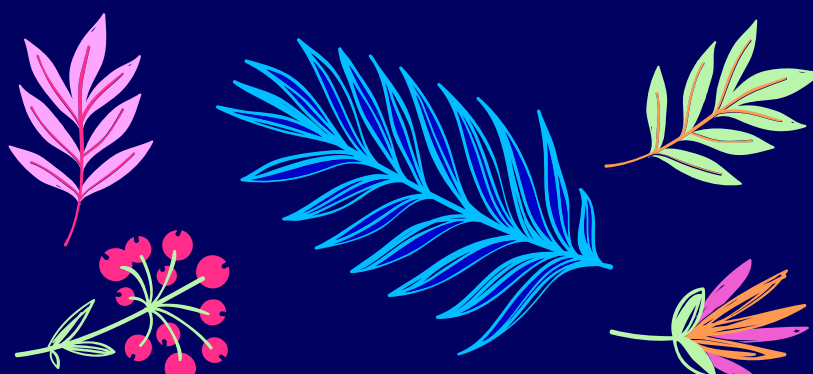




Behaviors in Children and Self-Regulation Training



• March 25, 2024 •

• 10:00-11:00 AM •

• Lebanon County MH/ID/EI •
220 E. Lehman Street
Lebanon, PA 17046

Presenter: Brandie Cool, Special Instructor

During this training, parents will receive information to help their children be able to regulate their emotions and decrease unwanted behaviors. Looking at brain regulation, parents will explore content around sleep, nutrition, exercise, coping skills, and screen time. There will be resources and worksheets provided to families in order to help them take this training from the classroom into the home.

Please register by March 22, 2024 to Abbey Casper by calling (717) 274-3415 or emailing at Abbey.Casper@lebanoncountypa.gov

