

August Lunch Menu

Lebanon County Senior Community Center Program Dine-In or Take-Out Meals

Monday	Tuesday	Wednesday	Thursday	Friday
	to order lunch, please contact your center manager or the LCAAA Office at 717-273-9262 Orders need to be placed by 11:00am on the previous business day All meals have a suggested donation of \$4.50 <small>*menu subject to change based on availability</small>		MS SCC Soup & Salad Bar 1 Club Sandwich (1oz Ham, 1oz Turkey, 1oz Cheese Lettuce & Tomato 1/2c Potato Sal Hoagie Roll  Seasonal Fresh Fruit	Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 White Bread 1/2c Gelatin
Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	MS SCC Soup & Salad Bar 8 Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chicken 1t Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup Dinner Roll 1/2c Blushed Pears	Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Peach Crisp	 Baked Salmon w/ White Wine Cream Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Cinnamon Applesauce	Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	Soup & SANDWICH Special Meal 15 Chili Cheesy Cauliflower Soup Ham Sandwich w/ Provolone, lettuce, tomato & onion Coleslaw Bumbleberry Pie 	Pesto Chicken 1/2c. Buttered Pasta 1c. Toss Salad w/ tomato & dressing Dinner Roll Seasonal Fresh Fruit
Chicken Parmesan w/ 2oz Sauce 1/2c Rotini 1c Tossed Salad w/ Tomato 1 Slice Italian Bread 1/2c Mandarin Oranges	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie	MS SCC Soup & Salad Bar 22 Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Pudding	 Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple
BBQ Pulled Pork Sandwich 1/2c Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie	 Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	MS SCC Soup & Salad Bar 29 Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit	Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1 Piece Cake

EVERY THURSDAY Soup & Salad Bar Lunches are at Maple Street!

All other centers have a SPECIAL Soup & Sandwich Meal on the 3rd Thursday!

One week notice on SPECIAL orders, continued suggested donation of \$4.50 day of meal.