

No Wrong Door Lebanon County Resource Guide Lebanon, Pennsylvania 2025

This resource Guide was created to assist residents of Lebanon County in accessing resources that are available.

Consumers are encouraged to copy this guide and distribute it widely.

For information changes and updates contact:
Lebanon County CASSP
(717) 274-3415

Information provided may not be all inclusive of services available in Lebanon County. Resources described may have specific eligibility requirements and costs for services may be required.

Every reasonable precaution is taken to avoid errors or omissions from the Lebanon County Resource Guide. However, CASSP does not guarantee the information in the Lebanon County Resource Guide and shall not be liable for any such errors or omissions.

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Call 2-1-1 to receive free, 24/7, non-emergency health and human service information in Lebanon County from a live call specialist.

Adoption

Adopt Pa Kids-(SWAN)

dhs.pa.gov/adoptpakids
800-585-7926

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Whole Life Counseling & Consulting

121 South College Street, Myerstown, PA 17067

Contact: (717) 288-5393 or info@wholelifecounselingandconsulting.com

We offer outpatient counseling services for children, adults, couples, families and groups. Our experts provide compassionate care for issues including trauma, mental health, anxiety, depression, grief or loss, internal family systems, sexual abuse, spiritual abuse & more. We rarely have a waitlist, so please contact us to set up an appointment to start your journey towards healing! We are credentialed with PerformCare & proudly accept Medicaid, several insurances, & self-pay options. We offer ASL & Spanish-speaking services on a case by case basis. Online sessions via Telehealth also available.

Advocacy

Disability Rights Pennsylvania Harrisburg Office

301 Chestnut Street, Suite 300, Harrisburg, PA 17101

(800) 692-7443 [Voice], 1-877-375-7139 [TDD], (717) 236-8110 [Voice], (717) 236-0192 Fax

disabilityrightspa.org

Non-profit organization advancing and protecting civil right of all adults with disabilities. Provides information and referrals.

Education Law Center

1800 KFK Blvd, Suite 1900-A, Philadelphia, PA 19103

(215) 238-6970

elc-pa.org

Non-profit legal advocacy organization dedicated to ensuring that all of Pennsylvania's children have access to a quality public education.

Employment Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at kejones@pacounseling.com

Free services available to individuals with a history of substance abuse, who are currently unemployed or underemployed. Services include 1:1 case management, connection to mental/physical health services and other community resources, resume building/interview prep, job placement assistance, financial literacy, and access to tangible goods to help obtain and retain employment. Services also available to local employers to help guide best practices for working with individuals with a substance use disorder, connect participants to open positions, and aid in retention of program participants. No insurance required, all services are free of charge to participants and employers.

Advocacy Continued

PA Parent and Family Alliance

A State-wide Program

Families looking for support call: 1-888-273-2361 or visit paparentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. In our 'Funding Your Assistive Technology' guide we have information about how to ask a service coordinator for assistive technology and how to challenge denials from insurance companies.

Pennsylvania Mental Health Consumers' Association

4105 Derry Street, Harrisburg, PA 17111

(800) 887-6422

Promotes and supports recovery through advocacy and education to eliminate stigma and discrimination. Information and referral.

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Sexual Assault Resource Counseling Center of Lebanon County (SARCC)

615 Cumberland Street, #2, Lebanon, PA 17042

(717) 272-5308 Hotline, (717) 270-6972 Office or visit sarccheals.org

Provides advocacy, counseling and therapy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Sexual Trauma Therapy is provided by our licensed therapists trained in EMDR, DBT, TF-CBT, and IFS. We have a bilingual therapist on staff. Hotline available 24/7.

The Arc Lancaster Lebanon

116 W. Airport Road, Suite A, Lititz, PA 17543

(717) 394-5251

info@thearclanleeb.org, or visit thearclanleeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

Children's Services

4-H Program Penn State Extension

2120 Cornwall Road, Suite 1, Lebanon, PA 17042
(717) 270-4391 or visit extension.psu.edu/programs/4-h/counties/lebanon

Boy Scouts of America Pennsylvania Dutch Council

630 Janet Avenue, Lancaster, PA 17601
(888) 427-2616 or visit scouting.org

Car Seat Installation Services

254 South 11th Street, Lebanon, PA 17042
(717) 272-1234 or visit faspems.com

The First Aid and Safety Patrol offers assistance on properly installing a car seat. Please call to schedule an appointment or visit the website.

Child Care WORKS Helpline

(877) 4PA-KIDS (877-472-5437)
Information about selecting and financing child care .

Children of Incarcerated Parents

625 South 5th Avenue, Lebanon, PA 17042
Contact: Sarah Sechrist at (717) 229-2831

This program in Lebanon County helps families and caregivers connect with existing community supports and maintain healthy parent-child relationships.

City of Lebanon Recreation Dept.

735 Cumberland St, Lebanon, PA 17042
(717) 639-2800

Community Services Group (CSG) YFACTS Program

Youth Firesetter Assessment Consultation Treatment Services

2330 Vartan Way, Suite 204, Harrisburg, PA 17110
(717) 920-9434

CSG offers support to youth ages 5-21 who engage in the inappropriate use of fire who also have the presence of significant mental health and behavioral issues. For more information or to make a referral contact us at 717-920-9434.

Developmental & Disability Services of Lebanon Valley

1126 Walnut Street, Lebanon, PA 17042
(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY
ddslebanon.org

DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program.

Early Intervention Technical Assistance (EITA) / PA Training & Technical Assistance Network (PATTAN)

6340 Flank Drive, Harrisburg, PA 17112
(800) 360-7282 / (717) 901-2150 (Deb Daulton)
eita-pa.org or pattan.net
Professional development for early interventionist in Pennsylvania

Children's Services Continued

Girl Scouts of USA / Girls Scouts in the Heart of Pennsylvania

350 Hale Avenue, Harrisburg, PA 17104

(800) 692-7816 or visit gshpa.org

Serves girls ages 5-17.

Hands & Voices Guide By Your Side (GBYS)

handsandvoices.org

A parent support program that links families of infants and toddlers newly identified with deafness and hearing loss throughout Pennsylvania with trained and experienced Parent Guides.

Healthy Baby Helpline

(800) 986-BABY(2229)

Statewide helpline refers pregnant women to programs that offer free or low cost prenatal care services, based on income guidelines.

Healthy Kids Helpline

(800) 986-KIDS(5437)

Statewide helpline refers callers to programs that offer free or low cost health care services, based on income guidelines.

Lancaster-Lebanon Intermediate Unit 13 (IU13)

One Cumberland Street, Lebanon, PA 17042

(717) 450-1500

iu13.org

Lead Information Line

(800) 440-LEAD(5323)

Provides verbal assistance and written information to parents, physicians, contractors and homeowners about lead poisoning and its prevention and control.

Lebanon County Children & Youth Services

Municipal Building, Room 401, 400 S. 8th Street, Lebanon, PA 17042

(717) 228-4430 / (717) 272-2054 for on-call worker after hours / Fax (717) 228-4465

Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, residential care, and emergency shelter care. Provide referrals for group and individual counseling/therapy, parenting skills classes and day care.

Lebanon County Mental Health/Intellectual Disabilities/Early Intervention Program (MH/ID/EI)

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415, Fax: (717) 274-0317, (717) 274-3363 Crisis Intervention 24-Hour

The Lebanon County MH/ID/EI (Mental Health/Intellectual Disability/Early Intervention) program provides funding and administrative oversight for services in our community that support people and their families living with serious and persistent mental illness, children and adolescents with a mental health diagnosis, individuals with intellectual disability, individuals with Autism Spectrum Disorder and children birth to age three (3) for early intervention services.

Through an intake process, a person's eligibility for services and funding is determined and referrals are made to appropriate programs that correspond to service needs.

Children's Services Continued

Merakay Children's Servicers

100 North Cameron Street, Harrisburg, PA 17101
(717) 236-7357

Move Forward Counseling, LLC

445 Mountville Drive, Lebanon, PA 17046

Referrals: info@moveforwardpa.com or Phone: (717) 462-7003 x1 or Fax: (717) 459-6253

An outpatient practice offering online mental health therapy across PA and in-person sessions at therapy offices in Lebanon, Hershey, Lancaster, Lancaster Downtown, York, Emmaus (Lehigh Valley), Pittsburgh, and State College, PA. for individuals aged six and older. A customizable mental health Employee Assistance Program (EAP) is also available for employers.

New Story

2700 Commerce Drive, Harrisburg, PA 17110
(717) 901-9906

Provides intensive, short-term Behavioral Health Rehabilitation Services for children and adolescents who are diagnosed with a mental health disorder.

New Story Lancaster

3710 Hempland Road, Mountville, PA
(717) 285-2596

National Suicide Prevention Hotline

(800) 273-TALK

New Hope Christian Counseling

683 Steelstown Road, Annville, PA 17003
(717) 685-5157

ihavenewhope.org

Provides FREE Christ-centered, Biblically-based emotional, relational, and spiritual guidance to children, teens and adults experiencing challenging life issues.

Nurse-Family Partnership (Pinnacle Health)

2645 N. 3rd Street, Harrisburg, PA
(717) 782-2335 / (717) 782-2709 Fax

A voluntary evidence-based, home nurse visiting program for low-income, first time mothers who reside in Lebanon County. Clients can anticipate healthier pregnancies and babies, the development of parenting skills and support networks, referrals to community services and guidance with goal-setting for the future.

PA Parent and Family Alliance

A State-wide Program

Families looking for support call: 1-888-273-2361 or visit paparentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

Parent to Parent of Pennsylvania (P2P of PA)

(888) 727-2706

parenttoparent.org

A network created by families for families of children and adults with special needs. This helpline connects families in similar situations so they may share experiences and offer practical information and support.

Children's Services Continued

Parents as Partners in Professional Development (P3D)

(800) 441-3215 x7277 (Mary Mikus)

Links family members to Early Intervention professional development and pre-service opportunities.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. This includes everything from a wheelchair, home modifications, and hearing aids. We work one-on-one with people to identify and navigate funding resources for the devices they want and need. We also offer low-interest loans so people have the option to purchase the technology that will make a difference in their lives. PATF does not charge fees for any of its services and serves Pennsylvanians of all ages, income levels, disabilities, health conditions and cultural backgrounds.

Pennsylvania Counseling Children Services

200 North 7th Street, Lebanon, PA 17046

(717) 274-9682

Provides psychological evaluations, IBHS and family based services to families who may require more intensive supports in the home, community and school settings.

Pennsylvania Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493

ddslebanon.org

Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

PerformCare

(888) 722-8646, (800) 654-5984 TTY, 711 PA Relay

How do I access services?

PerformCare can assist you in identifying your child/adolescent's needs for mental health or substance abuse services and connect you to the appropriate agency for assessment and/or treatment. If it is an emergency, you will be connected with crisis intervention or an inpatient facility for immediate assistance and assessment. If your child/adolescent's behavioral health needs can be met by out patient treatment or an evaluation, you can schedule this service with the provider of your choice without prior authorization. BHRS services require a psychological or psychiatric evaluation to be completed. Services are voluntary. PerformCare is the managed care organization for individuals with medical assistance.

Poison Center

(800) 222-1222

Advice on how to handle a poison situation.

Children's Services Continued

Ponessa Behavioral Health

15 S. 9th Street, Lebanon, PA 17042

(717) 273-5992, (717) 273-5995 Fax, (800) 437-5405 (1st Time Appointments)

twponessa.com

T.W.Ponessa & Associates is dedicated to providing guidance for the safety, well-being, and permanency for children, adults, and families. We are committed to enhancing the lives of those we serve by helping people back into the swing of life. We offer Mental Health Outpatient Counseling, Drug & Alcohol Outpatient Counseling, School-Based Outpatient Counseling, Psychiatric Services (Psychiatric Evaluations & Medication Management), Intensive Behavioral Health Services (IBHS), and Parent-Child Interaction Therapy (PCIT).

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at (585) 748-0822 or kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Preschool Early Intervention Services (Lancaster-Lebanon IU13)

1020 New Holland Avenue, Lancaster, PA 17601

(717) 606-1601 or visit iu13.org

Provides educational service to children 3-5 years.

Recovery InSight, Inc

1525 Oregon Pike, Suite 801, Lancaster, PA 17601

717-517-8552

Contact: January Abel, COO ext. 10

Natalie Letra, CPSS/Program Coordinator ext. 29

www.Recovery-InSight.com

Recovery InSight, Inc. is a free-standing Certified Peer Specialist (CPS) service established in 2010, serving adults, youth and young adults, whose philosophy is to "see the person and not the illness". Supporting peers by assisting them to attain their individual recovery goals while building trusting relationships with mutual respect. The CPS has had professional training, as well as personal knowledge and experiences to understand the importance of reflective listening, feeling empowered with choices, options, advocacy, and hope. Internally, Recovery InSight, Inc. values the strengths, gifts and talents of each team member, which creates exceptional modeling of recovery oriented services, externally. Provides Certified Peer Support Services, WRAP workshops, Recovery trainings for Providers, contracted Speakers Bureau featuring personal recovery stories, Certified Peer Support panel discussions, WRAP informational sessions, and Mental Health Advanced Directives training.

Service Access & Management, Inc (SAM)

747 East Cumberland Street, Lebanon, PA 17046

(717) 739-6374 or visit sam-inc.org

SAM provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Sexual Assault Resource Counseling Center of Lebanon County (SARCC)

615 Cumberland Street, #2, Lebanon, PA 17042

Hotline: (717) 272-5308 Office: (717) 270-6972

Provides advocacy, counseling and therapy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Sexual Trauma Therapy is provided by our licensed therapists trained in EMDR, DBT, TF-CBT, and IFS. We have a bilingual therapist on staff. Hotline available 24/7.

Children's Services Continued

Special Kids Network

(800) 986-4550

Making connections for Pennsylvania's children with special health care needs.

The Arc Lancaster Lebanon

116 W. Airport Road, Suite A, Lititz, PA 17543

(717) 394-5251

Email: info@thearclancleb.org or visit TheArcLancLeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

True Life Youth Ministries

740 Willow Street, Lebanon, PA 17042

(717) 272-5106

Weekly evening Club style programs for school age children and youth that include a meal, Christian education and connection to adult mentors. High School Club on Mondays 6:00-8:30pm, Middle School Club on Tuesdays 6:00-8:00pm and Elementary School Club on Thursdays 6:00-8:00pm. Preschool for 3 and 4 year old children, registration required. All programs are free of charge.

True North Wellness Services - Functional Family Therapy (FFT)

5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112

Contact: Kendall Cline at (717) 657-2080 x 1958 Fax: (717) 657-2290 or visit TrueNorthWellness.org

Functional Family Therapy (FFT) is a short term, evidenced-based prevention and intervention program for youth ages 10-18 who are at-risk and/or presenting with substance abuse, delinquency, truancy, violence, conduct disorder, oppositional defiant disorder, and disruptive behavior disorder.

Upward Call

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Warrior Project - Pennsylvania Counseling Services (Ren West Office)

624 Cumberland Street, Lebanon, PA 17042

(717) 450-5666

Contact: Katie Hunt at khunt@pacounselingservices.com or (717) 454-7543

The Warrior Project is a program to help transition age youth with mental health needs become more independent. Participants set their own goals using a person-centered planning process with the help of their chosen supports. The program provides groups and activities for young adults to help the participants work on their goals, develop skills to become more independent and socialize with peers. In order to be referred, the youth must:

** Have a mental diagnosis*

** Be enrolled with PerformCare (Medical Assistance)*

** Show a need to gain skills in at least two of the four target domains: employment (finding, getting and keeping a job), education (finding a college or trade school), independent living skills (cooking, cleaning, money management, transportation, etc), and community involvement and socialization (volunteering, getting involved in activities in the community, increasing social resources, etc)*

** Be between 16-23 years old*

Referrals to the Warrior Project are made by any service provider or school.

Children's Services Continued

WB Music Therapy, LLC

7728 Green Hill Road, Harrisburg, PA 17112 (administrative location only)

119 N. 8th Street, Lebanon, PA 17046 (outpatient office location)

Melanie Walborn, MT-BC (717) 468-1684 mawbmt@gmail.com

Kristyn Beeman, MT-BC (717) 514-8160 kdwbmt@gmail.com or visit wbmusictherapy.com

WB Music Therapy provides individual and group music therapy for children, adolescents, adults, and older adults. Board-certified music therapists customize and implement music therapy interventions that can address emotional, social, communication, physical, and/or cognitive needs. Services can be provided in our office, personal home, group homes, substance abuse treatment and recovery centers, long-term care facilities, and more. (*services provided to those 3-21 years of age are covered by medical assistance and can only be provided at our outpatient service location).*

WellSpan Philhaven - Main Campus

283 S. Butler Road, Mt. Gretna, PA 17064

(717) 273-8871

WellSpan Philhaven - Outpatient Services

204 Hathaway Park, Lebanon, PA 17042

(717)389-0368

964 Isabel Drive, Lebanon, PA 17042

(717) 274-9777

WellSpan Philhaven - Community Based Services

125 Schneider Drive, Suite B, Lebanon, PA 17046

BHRS (717) 270-2425; Family Based Services (717) 279-2774

WellSpan Philhaven.org/child and adolescent

WellSpan Philhaven promotes hope, healing and wholeness through the provision of behavioral healthcare resources. A full continuum of services is offered for children and adolescents and their families throughout south central Pennsylvania, including community-based, outpatient, program-based, inpatient and residential services.

Whole Life Counseling & Consulting

121 South College Street, Myerstown, PA 17067

Contact: (717) 288-5393 or info@wholelifecounselingandconsulting.com

We offer outpatient counseling services for children, adults, couples, families and groups. Our experts provide compassionate care for issues including trauma, mental health, anxiety, depression, grief or loss, internal family systems, sexual abuse, spiritual abuse & more. We rarely have a waitlist, so please contact us to set up an appointment to start your journey towards healing! We are credentialed with PerformCare & proudly accept Medicaid, several insurances, & self-pay options. We offer ASL & Spanish-speaking services on a case by case basis. Online sessions via Telehealth also available.

Youth Advocate Programs, Inc

105 Chaple Street, Lebanon, PA 17042

(717)228-0935, (717) 228-0939 Fax

Youth advocate programs provides community-based services for youth involved in juvenile justice systems and child welfare systems as well as youth with behavioral health needs and their families who could benefit from Intensive Behavioral Health Services (IBHS), Early Intervention Services, and Family Based Mental Health Services. Youth Advocate Programs also provides services to both children and adults who are on the autism spectrum or intellectual and/or who are affected by intellectual and developmental disabilities.

Day Care / Child Care

Five Steps to Selecting a Child Care Provider

Choosing the right child care for your child is important. Increasing evidence has emerged to show that children's learning opportunities in the years before kindergarten have an important effect on their performance in school and ultimately their ability to contribute to society as adults.

The Office of Child Development and Early Learning offers these five steps to assist parents in selecting the right child care for their child.

STEP ONE: CONTACT YOUR CCIS:

Early Learning Resource Center (ELRC) agencies are the hub of child care information in your local area. ELRC agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences. Contact your local ELRC at (717) 274-6552 to review the steps to selecting a child care provider.

STEP TWO: INTERVIEW CARE GIVERS:

Call first and ask: Is there an opening for my child?

Visit Next / Look for:

- ~ Responsive, nurturing, warm interactions between caregiver and children.
- ~ Children who are happily involved in daily activities and comfortable with their caregiver.
- ~ A clean, safe, and healthy indoor and outdoor environment, especially napping, eating, and toileting areas.
- ~ A variety of toys and learning materials, such as books, puzzles, blocks and climbing equipment that your child will find interesting and that will contribute to your child's growth and development.
- ~ Children getting individual attention.

STEP THREE: CHECK REFERENCES

Ask other Parents

STEP FOUR: MAKE THE DECISION FOR QUALITY CARE

From what you heard and saw, ask yourself:

- ~ Which child care should I choose so that my child will be happy and grow?

STEP FIVE: STAY INVOLVED

Ask yourself:

- ~ How can I arrange my schedule so I could...
- ~ Talk to my caregiver every day?
- ~ Talk to my child every day about how the day went?

Day Care / Child Care Continued

Childcare Works Network

dpw.state.pa.us/Child

Site provides valuable information about childcare, Head Start, and other early childhood development services in Pennsylvania.

Delaware Valley Association for the Education of Young Children (DVAEYC)

1608 Walnut Street, Suite 300, Philadelphia, PA 19103

A statewide network of over 2,000 individuals and organizations working to ensure that every child in Pennsylvania has access to high quality early childhood education programs, and dedicated practitioners can afford to stay in the field.

Early Childhood Education Linkage System (ECELS)

(800) 243-2357

Early Learning Resource Center of Lebanon County

808 Quentin Road, Lebanon, PA 17042

(717) 274-6552

Early Learning Resource Center (ELRC) agencies are the hub of child care information in your local area. ELRC agencies provide personalized child care referrals to child care providers based on your specific needs or preferences. ELRC agencies also administer the Child Care Works subsidized child care program.

Lebanon County Community Action Partnership TACC (Transportation and Child Care) Program

220 East Lehman Street, Lebanon, PA 17046

(717) 273-9328

Provides assistance with child care and transportation for eligible families.

Lebanon County Early Head Start Child Care Partnerships

One Cumberland Street, Lebanon, PA 17042

(717) 450-1512

Visit iu13.org or facebook.com/lebanoncountyheadstart

Care is provided to infants and toddlers at various child care center locations in the county.

Lebanon Valley Family YMCA

250 North 8th Street, Lebanon, PA 17046

(717) 376-1384

Offering 6 before and after school age child care (SACC) sites in four school districts, two full day Child Care / Early Learning Centers for children 5 weeks old to 5 years old, a free Drop-In Youth Center for middle and high school age children and summer day camps at three sites in the county. Financial aid assistance is available for those who qualify.

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Disaster/Crisis Services

American Red Cross

Located within the Department of Emergency Services Building, 1805 Cornwall Road, Lebanon, PA 17042

1-800-733-2767

Provides services to military families and Veterans and Disaster Relief needs.

Emergency Behavioral Health Team

209 Hathaway Park, 1st Floor, Lebanon, PA 17042

(717) 274-3363

Visit WellSpanPhilhaven.org

WellSpan Philhaven's disaster crisis outreach and referral Team responds to emergency situations to help the bystanders deal with stress and anxiety that results from the trauma of the crisis.

FRESH Start Emergency Shelter / Resource Center

250 South 7th Street, Lebanon, PA 17046

(717) 272-4400 x228

Emergency shelter services for individuals and families facing homelessness.

Jubilee Ministries

235 S. 12th Street, Lebanon, PA 17042

(717) 274-7528

Emphasis in providing support and assistance to friends and family members of those who are imprisoned.

Lebanon County Christian Ministries

250 S. 7th Street, Lebanon, PA 17042

(717) 272-4400

Serves anyone with an emergency material need.

Lebanon County Crisis Intervention, Information and Referral Center

209 Hathaway Park, 1st Floor, Lebanon, PA 17042

(717) 274-3363

Confidential help with any problem. Offering Mobile Crisis, Walk-in and telephone support. Meeting you where you are at to provide assessment, information and referrals.

Lebanon County Emergency Management Agency

Municipal Building, Room 12, 400 S. 8th Street, Lebanon, PA 17042

(717) 272-7621

Lebanon Rescue Mission

1223 Bitner Avenue, Lebanon, PA 17046

(717) 273-2301

Provides housing for homeless men and a structured program for individuals with drug and alcohol related problems and parolees of Lebanon County.

National Suicide Prevention Hotline

(800) 273-TALK(8255)

Salvation Army

1031 Guilford Street, P.O. Box 1109, Lebanon, PA 17046

(717) 273-2655

Provides limited assistance with fuel oil, utilities and medication. Provides mortgage assistance when the home is in danger of foreclosure.

Education

Children's Dyslexia Center (Scottish Rite Cathedral)

2701 North Third Street (rear entrance), P.O. Box 5190, Harrisburg, PA 17110-0190
(717) 238-4947
Harrisburg@cdcinc.org

Community Education - IU13

One Cumberland Street, Lebanon, PA 17042
(717) 450-1525
iu13.org
GED Prep, English as a Second Language and Family Literacy classes. Pearson Vue testing center.

Disability Empowerment Center

704 Metro Drive, Lebanon, PA 17042
717-394-1890
decpa.org
The Disability Empowerment Center is the Center for Independent Living serving Lancaster and Lebanon Counties. DEC is a private, nonprofit, nonresidential organization run by and for people with disabilities. We dedicate our efforts to breaking through the barriers to Independent Living .

Education for Children and Youth Experiencing Homelessness Program (ECYEH)

1111 Commons Boulevard, Reading, PA 19612
1-800-510-2741 or (610) 987-8509
berksiu.org/ECYEH
Lebanon County is served by the ECYEH Region 2 Office at the Berks County Intermediate Unit. The ECYEH Program is an initiative of the Pennsylvania Department of Education. ECYEH is based on the federal McKinney-Vento Homeless Assistance Act which ensures that children and youth experiencing homelessness have access to a free, appropriate, public education. ECYEH helps students overcome barriers to education and provides advocacy and support.

Education Leading to Employment and Career Training (ELECT)

One Cumberland Street, Lebanon, PA 17042
(717) 269-3285
ELECT initiative supports pregnant and parenting teens to earn a diploma or GED certificate, become better parents and make the transition to employment or higher education.

Employment Support Services

200 North 7th Street, Lebanon, PA 17046
Contact: Kendell Jones keJones@pacounseling.com
Free services available to individuals with a history of substance abuse, who are currently unemployed or underemployed. Services include 1:1 case management, connection to mental/physical health services and other community resources, resume building/interview prep, job placement assistance, financial literacy, and access to tangible goods to help obtain and retain employment. Services also available to local employers to help guide best practices for working with individuals with a substance use disorder, connect participants to open positions, and aid in retention of program participants. No insurance required, all services are free of charge to participants and employers.

Harrisburg Area Community College (HACC)

735 Cumberland Street, Lebanon, PA 17042
(717) 270-4222
hacc.edu/lebanon
Post-secondary education offering 2 year degrees and certificates.

Education Continued

Lancaster-Lebanon Intermediate Unit 13 (IU13)

School Age Special Education Services
One Cumberland Street, Lebanon, PA 17042
(717) 450-1595
www.iu13.org

Lebanon County Career and Technology Center

833 Metro Drive, Lebanon, PA 17042
(717) 273-8551
lcctc.edu
Provides career and technical training for secondary and post secondary students of Lebanon County.

Lebanon County Early Head Start Program

One Cumberland Street, Lebanon, PA 17042
(717) 450-1512
iu13.org/headstart
www.facebook.com/lebanoncountyheadstart
A home visiting program throughout Lebanon County.

Literacy Council of Lancaster-Lebanon

243 Schneider Dr, Lebanon, PA 17046
(717) 274-2554
literacysuccess.org
Assists adults who need to improve skills in reading, writing, language and math.

Migrant Education Program in Lebanon County

604 Cumberland St, Lebanon, PA 17042
(717) 314-2566
Assists children of agricultural workers up to age 21 and their families in overcoming barriers created by their move into a new school district and community. Services include educational services such as after school and Saturday program, summer programs, parent workshops, referrals to community agencies, and other supportive services. For more information on how to qualify for our program please contact our office.

Office for Dispute Resolution

6340 Flank Drive, Harrisburg, PA 17112
(800) 222-3353
odr-pa.org
Provides the resources for parents and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities).

PA Families, Inc.

431 Dever Hollow Road, Templeton, PA 16259
(800) 947-4941
pafamilies.com
Diverse statewide family network that empowers PA families who have children with special needs through support and education with a united voice.

Education Continued

PA Parent and Family Alliance

A State-wide Program 1-888-273-2361

paparentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. Our "Cents and Sensibility: A Guide to Money Management" is an individual financial education program and our "Family Guide to Cents and Sensibility" is a guide for families to start introducing money concepts to their children.

Pennsylvania Education for All Coalition, Inc.

718 Arch Street , Philadelphia, PA 19106

(267) 232-0570

paedforall.org

Chapter meetings, listserv and Parent Consultant Network.

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Right to Education Task Force

Local Contacts :

Sandra Schiffli-Salerno, Chair, Local Task Force

Parent

860-575-3835 or iuSandra@Live.com

Joy Smith Linton, Co-Chair, Local Task Force

Parent

717-898-7627 or ohbjuan@outlook.com

The Task Force functions as an independent organization of parents and other residents of Lancaster and Lebanon counties who are interested in working with school districts, IU13, and community agencies to further the rights of students with special needs. For more information, please call Lancaster-Lebanon IU13, (717) 606-1600 or email specialeducation@iu13.org. Website: www.iu13.org/rte-task-force.

Education Continued

Special Education ConsultLine

6340 Flank Drive, Harrisburg, PA 17112

Office of Dispute Resolution

(800) 879-2301

odr-pa.org

Toll-free information help line for parents and advocates of children with disabilities who have questions or concerns about the education of a school-aged child. Specialists answer questions and provide information about special education, gifted education, and Section 504 of the Rehabilitation Act of 1973.

Specialized Learning Services

(786)314-6152

specializedlearningservices.com

Formed to meet the academic communication and emotional needs of people who learn differently from the mainstream public school student.

Education - Pre-School and Nursery School Listing

Annville-Cleona Preschool

Annville-Cleona High School, Annville, PA 17003

(717) 867-7600

Blue Mountain Christian School

14 Silvertown Road, Jonestown, PA 17038

(717) 865-9650

Bright Beginnings Preschool - Annville

200 East Main Street, Annville, PA 17003

(717) 867-2106

brightbeginningsannville.com

Cedar Crest Preschool

Cedar Crest High School, Lebanon, PA 17042

(717) 272-2033

ELCO Preschool

2 South Locust Street, Myerstown, PA 17067

(717) 866-7312

elcochildcare.com

Jack and Jill Preschool (KEA)

280 Hillcrest Road, Lebanon, PA 17042

(717) 272-3588

Lebanon Christian Academy Preschool

875 Academy Drive, Lebanon, PA 17046

(717) 273-8114

Lebanon County Head Start

Various classroom locations, Lebanon, PA 17046

(717) 450-1512

Education - Pre-School and Nursery School Listing

Lebanon School District K-4 Program Various classroom locations, Lebanon, PA 17042 (717) 273-9391
LutherCare for Kids - Lebanon 130 Walton Street, Lebanon, PA 17042 (717) 272-4778
U-GRO 825 Helen Dr, Lebanon, PA 14042 855-224-8655 u-gro.com
Mt. Gretna Nursery School Mt. Gretna United Methodist Church, Mt. Gretna, PA 17064 (717) 964-2208
Myerstown Nursery School & Children's Center 301 West Washington Avenue, Myerstown, PA 17067 (717) 866-8660
New Covenant Christian School Preschool 452 Ebenezer Road, Lebanon, PA 17046 (717) 274-2423
Noah's Little Ark Preschool 520 East Birch Street, Palmyra, PA 17078 (717) 832-2275
Ono Preschool P.O. Box 126, Ono, PA 17077 (717) 865-1333
Teach-A-Tot Nursery School Richland Church of the Brethren, Richland, PA 17087 (717) 866-4341 or (717) 949-6897

Education - Public Library System

The six Libraries in Lebanon County offer a well-rounded and current collection of books in a variety of formats, including audio, eBooks, and large print. They also have movies, music, magazines, newspapers, and assorted educational materials. Each library has a public computer center with internet access and free WiFi. Lebanon County Libraries also provide a variety of programs for county residents young and old. Storytimes, summer learning programs, classes on various topics, and special events are offered to enrich lives through literacy, recreation, information access, and lifelong learning. Visit www.lclibs.org for more information on the resources provided by the libraries.

Lebanon County Library locations:

Annville Free Library 216 East Main Street, Annville, PA 17003 (717) 867-1802 annville.lclibs.org
Lebanon Community Library 125 North 7th Street, Lebanon, PA 17046 (717) 273-7624 lclibs.org
Matthews Library 102 West Main Street, Fredericksburg, PA 17026 (717) 865-5523 matthews.lclibs.org
Myerstown Community Library 199 North College Street, Myerstown, PA 17067 (717) 866-2800 myerstown.lclibs.org
Palmyra Public Library 50 Landings Drive, Suite B, Annville, PA 17003 (717) 838-1347 palmyra.lclibs.org
Richland Library 111 East Main Street, Richland, PA 17087 (717) 866-4939 richland.lclibs.org

Education - Public Library System Continued

Lebanon County Library Programs

All Ages

Special Events at Lebanon County Libraries - Special programming takes place throughout the year at the county libraries. Programs include puppet shows, magic shows, theatrical performances, live music, author visits, storytelling, travel programs, and other programs that support PA Forward's five literacies: basic, information, health, financial, and civic and social. The libraries' event calendar is online at www.lclibs.org or visit your local library to ask about upcoming events.

Preschool Ages

1,000 Books Before Kindergarten

This program encourages families to experience the joy of reading together and helps parents and caregivers prepare children for kindergarten. Parents receive a reading log to track family reading time, and children receive incentives for every 100 books read to them. When parents and children reach 1,000 books, they achieve a certificate, status on the library Wall of Fame and a special gift! Program is offered at Annville, Lebanon, Matthews, Myerstown, Palmyra, and Richland libraries. Registration is required.

Polka Dot City Puppet Theater at Matthews Public Library

Come one, come all to Polka Dot City! All are welcome at the library's puppet show for toddlers and pre-schoolers--no registration required. A show is put on the first and fifth Wednesdays of each month at 10 a.m. in the library's own professional puppet theater. After the show children will enjoy making a craft to take home with them.

Smart Start Storytime for Babies - This program is designed especially for babies from birth to 24 months. Each 30-minute session for promotes interaction between babies and their caregivers through stories, songs, finger play, and action rhymes, followed by time for parents to talk with other parents. Takes place at all six county libraries.

Storytime - Children from ages 3-5 enjoy stories, crafts, and other surprises! This program is designed to help children develop language, listening and motor skills, stimulate children's imaginations and create in children an appetite for reading and libraries. Takes place at all six county libraries. Registration may be required. Call your library for details.

Summer Learning Program at Lebanon County Libraries - Children of all ages are invited to participate during the summer, earning points for prizes by reading or listening to books, attending special programs or bringing in created items for display. Children are encouraged to participate at their own level. Takes place at all county libraries. Registration is required. Call your library for details.

Toddler Time at Richland Library - This program is designed for children ages 0 to 3 with siblings welcome. It features stories, crafts, songs, and bubbles and is an enjoyable social time for children. It is held during June through September.

Grade School Ages

Lego Club at Richland Library - For ages 5-adult. Each session has a different theme and the library provides all of the Legos! The club meets on the 2nd Monday of each month at 5pm- 6 pm. Pre- registration required by calling the library at 717-866-4939. Each session has a different theme and the library provides all of the Legos!

PokeMondays at Myerstown Community Library - Join us every third Monday of the month (unless otherwise specified to trade cards and play games! Bring your devices! No experience necessary! Registration is required.

Reading Packs @ Your Library - Perfect for parents, teachers and caregivers, tote bags designed for children 0-3, 3-5, and 5+ year olds include themes such as All About Me, Weird Animals, Dinosaurs, and Outer Space. The contents of the packs consist of a selection of books and educational toys. Bilingual material is included in many packs. Available through all six libraries.

Education - Public Library System Continued

STEAM Saturdays at Myerstown Community Library – Every third Saturday of the month (unless otherwise specified), we are engineering, coding, creating, and having fun at the library! This program is recommended for ages 8-14. Registration is required.

Summer Learning Program at Lebanon County Libraries – Children of all ages are invited to participate during the summer, earning points for prizes by reading or listening to books, attending special programs or bringing in created items for display. Children are encouraged to participate at their own level. Takes place at all county libraries. Registration is required. Call your library for details.

Middle School and Teen Ages

Annvile Free Library's Young Adult Room

The Young Adult Room is for children entering 4th through 8th grades. This air-conditioned, adult-supervised, youth-only area is equipped with computers, card and board games as well as a casual reading and socializing area. Youth Room drop-in hours are Wednesdays & Thursdays from 2-4pm. Contact the library for additional information.

Ask Here PA

powerlibrary.org

Need homework help? Chat online with a librarian 24/7 using this statewide reference service.

Homework Help

powerlibrary.org

A variety of resources are available at the six libraries and online to help children with homework assignments. Library card holders can also chat online with a librarian 24/7 using the statewide reference Ask Here PA service and use the state's Power Library resources 24/7 from anywhere with internet connection.

Middle School Book Club at Lebanon Community Library

Book group meets once a month to discuss a title voted on by the participants. All students in the middle school grades are invited, even if they have not yet read the book. Pizza and drinks are provided. Contact the library for meeting times and details.

Palmyra Public Library's Phoenix Youth Center - This free after school program is for students in grades 3 – 8 and is located at Palm Lutheran Church. The program includes homework help and supervised recreation. Contact the library for more details.

Teen Summer Reading Program @ Your Library – All six county libraries offer programs and prizes to keep teens reading all summer. Contact your local library for details.

Adults

Book Discussion Group at Richland Community Library – This group meets the third Wednesday of the month at 3pm and the third Saturday of the month at 11am. Contact the library for the month's chosen book.

Books To Go – This outreach program is provided through the Lebanon Community Library district center and is available to eligible residents across the county. Books To Go provides reading materials to adults who are visually impaired or are physically unable to visit the library. Once a month volunteers deliver book bags to participants and caregivers. Call 717-273-7624 ext. 107 for more information.

Chess Club at Annville Free Library – Meets every Thursday from 3-5pm. All ages and levels welcome.

Finding Independence Through Technology (FITT) – Offers free classes on how to use a variety of devices and software at select Lebanon County libraries. One-to-one help sessions for specific questions are also available. See lclibs.org/fittor call 717-273-7624 ext. 107 for schedules and locations.

Knitting Group at Annville Free Library – Meets every Tuesday at 6:00pm - 8 pm. Bring what you are working on. Help is available.

Knitting Group at Richland Community Library – This group meets on the first Friday of the month at 11am. Bring your project to work on.

Education - Public Library System Continued

Reading Groups and Book Clubs – All of the libraries host reading groups and books clubs. Some meet monthly; others quarterly. Call your local library for more information.

Sit & Knit at Myerstown Community Library – Meeting on the first and third Wednesday of each month at 10:30am- 11:30am, the Sit & Knit group is open to anyone with an interest in yarn crafts. No experience necessary - they are willing to teach you!

Take-A-Break Tuesdays at Annville Free Library – Informative and fun programs for adults are held on the last Tuesday of the month at 6:30 pm. Past programs have included topics such as genealogy, gardening, parenting, health, travel, and finances.

Writer's Group at the Lebanon Community Library – This group meets the last Friday of each month at 10am. Writers of all abilities are welcome to share their work for constructive feedback.

Education - Public School System

Annville-Cleona School District

acschools.org

Administrative Office, 520 South White Oak Street, Annville, PA 17003

(717) 867-7600

Cleona Elementary School (Grade K-2)

50 East Walnut Street, Cleona, PA 17042

(717) 867-7640

Annville Elementary School (Grade 3-6)

205 South White Oak Street, Annville, PA 17003

(717) 867-7620

Annville-Cleona Middle/High School

500 South White Oak Street, Annville, PA 17003

(717) 867-7700

Cornwall Lebanon School District - www.clsd.k12.pa.us

Administrative Office, 115 East Evergreen Road, Lebanon, PA 17042

(717) 272-2033

Cornwall Elementary School

Route 419 Box 308, Cornwall, PA 17016

(717) 273-4571

Ebenezer Elementary School

1600 Colonial Circle, Lebanon, PA 17046

(717) 272-1969

South Lebanon Elementary School

1825 South Fifth Avenue, Lebanon, PA 17042

(717) 273-4546

Union Canal Elementary School

400 Narrows Drive, Lebanon, PA 17046

(717) 270-7227

Cedar Crest Middle School

101 East Evergreen Road, Lebanon, PA 17042

(717) 272-2032

Cedar Crest High School

115 East Evergreen Road, Lebanon, PA 17042

(717) 272-2033

Education - Public School System Continued

Eastern Lebanon County School District - elcosd.org

Administrative Office, 180 ELCO Drive, Myerstown, PA 17067

(717) 866-7117

Fort Zeller Elementary School

243 North Sheridan Road, Richland, PA 17087

(610) 589-2575

Jackson Elementary School

558 West Main Avenue, Myerstown, PA 17067

(717) 866-2624

Eastern Lebanon County Middle School

60 Evergreen Drive, Myerstown, PA 17067

(717) 866-6591

Eastern Lebanon County High School

180 ELCO Drive, Myerstown, PA 17067

(717) 866-7447

Eastern Lebanon County Intermediate School

100 Evergreen Drive, Myerstown, PA 17067

(717) 866-4521

Lebanon School District - LebanonSD.org

Administrative Office, 1000 South Eighth Street, Lebanon, PA 17042

(717) 273-9391

Harding Elementary School

600 Chestnut Street, Lebanon, PA 17042

(717) 273-9391

Southwest Elementary School

1500 Woodland Street, Lebanon, PA 17042

(717) 675-2174

Henry Houck Elementary School

315 East Lehman Street, Lebanon, PA 17046

(717) 273-9391

Northwest Elementary School

1315 Old Forge Road, Lebanon, PA 17046

(717) 273-9391

Southeast Elementary School

398 East Locust Street, Lebanon, PA 17042

(717) 675-2163

Lebanon Middle School

350 North Eighth Street, Lebanon, PA 17046

(717) 273-9391

Lebanon High School

1000 South Eighth Street, Lebanon, PA 17042

(717) 273-9391

Education - Public School System Continued

Northern Lebanon School District -norleb.k12.pa.us

Administrative Office, P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

East Hanover Elementary School
1098 School House Road, Annville, PA 17003-8523
(717) 865-3595

Fredericksburg Elementary School
P.O. Box 27, 119 East Walnut Street, Fredericksburg, PA 17026-0027
(717) 865-4107

Jonestown Elementary School
P.O. Box 839, 135 South King Street, Jonestown, PA 17038-0839
(717) 865-3193

Lickdale Elementary School
40 Fisher Avenue, Jonestown, PA 17038
(717) 865-4012

Northern Lebanon Middle School
P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

Northern Lebanon High School
P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

Special Services Office
P.O. Box 839, 152 South King Street, Jonestown, PA 17038
(717) 865-5425

Palmyra Area School District - pasd.us

Administrative Office, 1125 Park Drive, Palmyra, PA 17078
(717) 838-3144

Forge Road Elementary
400 South Forge Road, Palmyra, PA 17078
(717) 838-1331 Opt. 4

Lingle Avenue Elementary
600 South Lingle Avenue, Palmyra, PA 17078
(717) 838-1331 Opt. 5

Northside Elementary
301 East Spruce Street, Palmyra, PA 17078
(717) 838-1331 Opt. 6

Pine Street Elementary
50 West Pine Street, Palmyra, PA 17078
(717) 838-1331 Opt. 7

Palmyra Area Middle School
50 West Cherry Street, Palmyra, PA 17078
(717) 838-1331 Opt. 3

Palmyra Area High School
1125 Park Drive, Palmyra, PA 17078
(717) 838-1331 Opt. 1

Education - Public School System Continued

Private Schools

Blue Mountain Christian School

14 Silvertown Road, Jonestown, PA 17038-9410
(717) 865-9650
bmcsdefenders.org

Lebanon Christian Academy

875 Academy Drive, Lebanon, PA 17046-0170
(717) 273-8114
lebanonchristianacademy.org

New Covenant Christian School

452 Ebenezer Road, Lebanon, PA 17046
(717) 274-2423
nccspa.org

Our Lady Of The Cross

1691 Grace Avenue, Lebanon, PA 17046
(717) 500-6800
office@ourladyofthecross.org

Paloma School

130 Walton Street, Lebanon, PA 17042
(717) 454-5955
connect@palomaschool.org

Schaefferstown Mennonite High School

301 North Carpenter Street, Schaefferstown, PA 17088
(717) 964-8140
Info@SMhigh.org

Exercise Resources

***For a listing of local parks, please go to the "Recreation & Leisure" Section of the Guide**

Fitness Blender (Mobile device required)

Visit: fitnessblender.com/

Enjoy over 500 free full-length workout videos and programs, as well access to meal plans, and nutrition and fitness information.

Requires a computer or mobile device and access to the internet.

Lebanon County Area Agency on Aging Senior Community Center Programs

Annville: 200 South White Oak Street, Annville, PA 17003 (717) 675-9549

Maple Street: 710 Maple Street, Lebanon, PA 17046 (717) 273-1048

Myerstown: 59 North Ramona Road, PO Box 611, Myerstown, PA 17067 (717) 675-9546

Northern Lebanon: 335 North Lancaster Street, PO Box 463, Jonestown, PA 17038 (717) 675-9548

Plamyra: 101 South Railroad Street, Plamyra, PA 17038 (717) 675-9547

Providing activities socialization, and various physical fitness groups. Eligible to those 60 years of age or older. Visit

www.lebanonvalleycalendar.com and chose the "seniors" tab to see a calendar of reoccurring activities across all locations.

Lebanon County Walking Guide

Visit: communityhealthcouncil.com/lebanonwalks/ for links to nearby trails, various park locations, as well as a calendar link to walking events.

Lebanon Valley Family YMCA

201 North 7th Street, Lebanon, PA 17046

(717) 273-2691

lebanonymca.org

Offers a variety of health and wellness opportunities for all ages. Facility and programs include state-of-the-art wellness center, group fitness studios including a cycling studio, group fitness classes, child watch while you exercise, water fitness classes, discounts on program fees like swim lessons, camps, sports and more, day camp and overnight camp, youth sports, indoor pool, personal training, indoor track, 2 racquetball courts, 2 gymnasiums, pickleball courts, Y Wellness 24/7 Virtual Fitness Platform, and wi-fi throughout the facility. Financial assistance available for those who qualify.

Lebanon Valley Rails to Trails

The Lebanon Valley Rail Trail runs through the Western edge of South Lebanon Township from the Lebanon Valley Expo Center north to the city/township line. Well maintained trail that can be utilized by hikers, bikers and runners alike. Use is limited to daylight hours.

New York Fitness Clubs

1139 Quentin Road, Lebanon, PA 17042

Contact: newyorkfitness@comcast.net or (717) 270-7220

Offers the latest in cardiovascular and weight training equipment as well as a full staff of personal trainers. Paid membership with classes.

SilverSneakers (Mobile device required)

Free for adults 65+ through select Medicare plans; check with your insurance for availability. Will need to create an online account and download the membership card. To find the nearest participating locations to join a fitness class or to exercise visit:

tools.silversneakers.com/LocationSearch.

SmartGym: Gym & Home Workouts (Mobile device required)

This free app is compatible with Apple consumers and features HIIT, home, and gym weight lifting.

Strava: Run, Ride, Swim (Mobile device required)

This free app is compatible with Apple and Samsung consumers. Tracks and logs workouts and allows users to receive "kudos" from friends and family who can see your workout activity.

Finances

Advocacy Alliance (877) 315-6855 theadvocacyalliance.org <i>Provides representative payee services in Lebanon County.</i>
Advantage Credit Counseling Service, Inc. (866)699-2227 advantageccs.org
Employment Support Services 200 North 7th Street, Lebanon, PA 17046 Contact: Kendell Jones at kejones@pacounseling.com <i>Free services available to individuals with a history of substance abuse, who are currently unemployed or underemployed. Services include 1:1 case management, connection to mental/physical health services and other community resources, resume building/interview prep, job placement assistance, financial literacy, and access to tangible goods to help obtain and retain employment. Services also available to local employers to help guide best practices for working with individuals with a substance use disorder, connect participants to open positions, and aid in retention of program participants. No insurance required, all services are free of charge to participants and employers.</i>
Jubilee Ministries 235 South 12th Street, Lebanon, PA 17042 (717) 274-7528 jub.org <i>Assists with personal budget counseling and emergency financial assistance.</i>
Lebanon County Community Action Partnership 220 East Lehman Street, Lebanon, PA 17046 (717) 273-9828 <i>Provides budget counseling. Call for information on Free Tax Preparation.</i>
Lebanon County Assistance Office 625 S. 8th Street, Lebanon, PA 17042 (717) 270-3600 <i>Provides cash assistance, supplemental nutrition assistance program (SNAP), financial aid, medical assistance/SSI advocacy, financial assistance and emergency fuel assistance and emergency shelter allowance for eligible participants.</i>
Lebanon County Penn State Cooperative Extension 2120 Cornwall Road, Suite 1, Lebanon, PA 17042 (717) 270-4391 <i>Information on budget and resource management.</i>
Pennsylvania Assistive Technology Foundation 1004 West 9th Avenue, King of Prussia, PA 19406 (484) 674-0506 patf.us <i>Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. We offer financial education webinars four times a year. Our financial loans for assistive technology are setup to build and improve a borrowers' credit history. We work with families to have their children (starting at age 18) take out a small loan (starting at \$100) with us to start building their credit history.</i>
PROBE 303 Chestnut Street, Office 1, Lebanon, PA 17042 (717) 273-2090 <i>Provides budget counseling as well as specialized career counseling for low-income single parents, homemakers and pregnant/parenting teens, so that they can attain emotional and economic independence.</i>

Finances Continued

Thompson Social Services

www.thompsonsocalservices.org

Provides representative payee services in Lebanon County.

Welfare Helpline

P.O. Box 2675, Harrisburg, PA 17105

(800) 692-7462 Hours: 8:30 am - 4:45 pm

Cash assistance, food stamps, energy assistance and Medicaid for low income families.

WIC (Women, Infants, and Children Program)

615 Cumberland Street, Lebanon Family Health Services, Lebanon, PA 17042

(717) 273-6940

lebanonfamilyhealth.org

Serves lower income families with a subsidized food program and nutrition counseling.

Earned Income Tax Credit (EIC)

Working families may qualify for a child tax credit up to \$1,000 for each child in addition to an EIC for which they may qualify. To qualify, your child (children) must have lived with claimant for more than six months of the year and be under the age of 19 or 24 if a full time student or be any age and permanently disabled. Single or married people who work full-time or part-time can qualify depending on their income. Low to moderate income households can get FREE help with tax preparation through VITA (Volunteer Income Tax Assistance). For local information about VITA call Lebanon County Community Action Partnership at (717) 273-9328 or email CAP@lebcnty.org.

What is a Credit Score?

Credit Scoring is a system creditors use to help determine whether to give a person credit. Information about credit experience and personal information is used such as bill paying history, the number and types of accounts a person has, outstanding debts and age of accounts from a credit application and a credit report. Using a statistical program, creditors compare this information to the credit performance of consumers with similar profiles. The credit scoring system awards points for each factor that helps predict who is most likely to repay a debt. The total number of points helps predict how credit worthy a person is and how likely to repay a loan and make payment when due.

Free Annual Credit Reports are available: 877-322-8228 Web: annualcreditreport.com

Government - Local and State Services

Lebanon County

Lebanon County Area Agency on Aging

710 Maple Street, Second Floor, Lebanon PA 17046

(717) 273-9262, Fax: (717) 274-3882

email: AAA.IR@lebanoncountypa.gov

website: www.lebanoncountypa.gov/departments/aging

Protective Services on call 24 hours by calling DES at (717) 272-2054 or (800) 490-8505 or 911.

Hours of operation 8-4:30pm Mon-Fri

Target population: 60 years or older. Provides information and Referral/ Care Management of In home services/ Senior Community Centers/ Medicare Insurance Counseling/Home Delivered Meals/Protective Services/ Adult Day Care.

Lebanon County Assistance Office

625 South 8th Street, Lebanon PA 17042

(717) 270-3600

Provides cash assistance, supplemental nutrition assistance program (SNAP), financial aid, medical assistance/SSI advocacy, emergency shelter allowance, and low income home energy assistance program (heating assistance/ seasonal program) for eligible participants.

Government - Local and State Services

Lebanon County Children and Youth Services

Municipal Building, Room 401, 400 South 8th Street, Lebanon PA 17042

(717) 228-4430, (717) 272-2054 for on-call worker after hours, Fax: (717) 228-4465

Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, group home care, institutional placements, and emergency shelter care. Provide referrals for group and individual counseling/therapies, parenting skills classes and day care.

Lebanon County Commission on Drug and Alcohol Abuse

220 East Lehman Street, Lebanon PA 17046

(717) 274-0427

Offers drug and alcohol assessments, prevention, intervention, and treatment funding to Lebanon County residents.

Lebanon County Community Action Partnership

220 East Lehman Street, Lebanon PA 17046

(717) 273-9328

Offers rental assistance, shelter assistance, information and referral, bridge housing, shelter housing, medical assistance transportation, volunteer income tax assistance, and financial assistance with transportation and child care for eligible participants.

Lebanon County Crisis Intervention, Information and Referral Services

229 South Fourth Street (rear), Lebanon PA 17042

(717) 274-3363

Confidential help with any problem. Free information and referral.

Lebanon County Domestic Relations

Room 202, Municipal Building, 400 South 8th Street, Lebanon PA 17042

(717) 228-4480

Lebanon County Housing Authority Social Services

1012 Brock Drive, Lebanon PA 17042

(717) 273-8901

Provides housing services for tenants of Housing Authority owned and managed properties including counseling, life skills education.

Lebanon County MH/ID/EI

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415

The Lebanon County MH/ID/EI Program provides services to Lebanon County residents who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.

Government - Local and State Services Continued

Lebanon County Probation Services - Juvenile Division

508 Oak Street, Lebanon, PA 17042

(717) 273-1557

Provides supervision to juvenile offenders alleged to have committed a delinquent act by enforcing the disposition orders of the Lebanon County Court of Common Pleas – Juvenile Division.

Lebanon County Sheriff's Office

400 South 8th Street, Lebanon, PA 17042

(717) 274-2801 Sheriff Jeffrie C. Marley Jr.

Lebanon County Victim/Witness Program

400 South 8th Street, Lebanon, PA 17042

(717) 228-4412

Services include accompaniment, notification of court proceedings, criminal justice system information, property return and referral to other agencies.

Office of Attorney General

Bureau of Consumer Protection, Strawberry Square 14th Floor, Harrisburg, PA 17120

(800) 441-2555

A civil law enforcement agency that mediates and investigates consumer complaints.

Pennsylvania Human Relations Commission

Pennsylvania Place, Suite 300, 301 Chestnut Street, Harrisburg, PA 17101-2702

(717) 787-4410, (717) 783-9308 TTY

Receives and investigates complaints of discrimination in areas of employment, housing, education etc.

Pennsylvania State Police Jonestown

2632 SR 72 Jonestown, PA 17038

(717) 865-2194

Social Security Administration

600 Isabel Drive, Suite 1, Lebanon, PA 17042

(717) 272-5342, (800) 772-1213, (717) 272-1699 Fax

Hours: 9:00 am to 4:00 pm Monday – Friday

Veterans Affairs, Lebanon County

Room 102, Municipal Building, 400 South 8th Street, Lebanon, PA 17042

(717) 228-4422

Welfare Helpline

P.O. Box 2675, Harrisburg, PA 17105

(800) 692-7462

Hours: 8:30 am – 4:45 pm

Cash assistance, food stamps, Energy assistance and Medicaid for low income families

Government - Local and State Services Continued

State Representatives

Rep. John Schelgel

101st Legislative District, 1044 East Main Street, Palmyra, PA 17078
(717) 838-3823, (717) 832-8194 Fax

Rep. Russ Diamond

102nd Legislative District, 2232 Lebanon Valley Mall, Lebanon, PA 17042
(717) 277-2102, (717) 277-2105 Fax

State Senator

Rep. Christopher Gebhard

101 Municipal Building, 400 South 8th Street, Lebanon, PA 17042
(717) 274-7705

Federal Government

Lebanon County Representatives

Congressman Dan Meuser

9th District, 400 South 8th Street, Lebanon, PA 17078
(717) 603-1459
<https://meuser.house.gov/>

Senator Dave McCormick**Main Office:**

SD-B40C Dirksen Senate Office Building, Washington, DC 20510
(202) 224-6324

Harrisburg Office:

200 North Third Street, Suite #14A, Harrisburg, PA 17101
(717) 231-7540, Fax (717) 231-7542

Senator John Fetterman**Main Office:**

SD-B40C Dirksen Senate Office Building, Washington, DC 20510
(202) 224-6324, Fax (202) 228-0604

PA Office:

200 Chestnut Street, Suite 600, Philadelphia, PA 19106
(215) 240-1090

Government - Local and State Services Continued

Lebanon County Commissioners

Office Hours: Monday through Friday - 8:30 AM to 4:30 PM

Mailing Address: Lebanon County Commissioners, Room 207, Municipal Building, 400 South 8th Street, Room 110, Lebanon, PA 17042-6794

Phone Number: (717) 274-2801 Ext. 2202

Fax Number: (717) 274-8094

Department Administrator: Jamie A. Wolgemuth, County Administrator, jwolgemuth@lebcnty.org

County Commissioners: Robert Phillips, rphillips@lebcnty.org

Michael Kuhn, mkuhn@lebcnty.org

Jo Ellen Litz, jlitz@lebcnty.org

Government - Local and State Services Continued

Local Municipalities Curfew List

Annville Township	11:00 p.m. – 5:00 a.m.
Cleona Borough	11:00 p.m. – 5:00 a.m.
Cornwall Borough	10:00 p.m. – 6:00 a.m. (Sun-Thurs) 11:00p-6:00a (Fri, Sat)
Heidelberg Township	10:00 p.m. - 6:00 a.m
Lebanon City	10:00 p.m. – 5:00 a.m.
Millcreek Township	10:00 p.m. - 6:00 a.m.
Myerstown Borough	10:00 p.m. - 5:00 a.m
North Annville Township	11:00 p.m. – 5:00 a.m.
North Cornwall Township	10:00 p.m.- 6:00 a.m.
North Lebanon Township	10:00 p.m. – 6:00 a.m. (Sun-Thurs) 11:00p-6:00a (Fri, Sat)
North Londonderry Township	11:30 p.m - 6:00 a.m.
Palmyra Borough	10:00 p.m. – 6:00 a.m.
Richland Borough	11:00p.m. - 6:00 a.m. (Sun - Thurs) 12:01 a.m. - 6:00 a.m.(Fri- Sat)
South Annville Township	11:00 p.m. - 5:00 a.m.
South Lebanon Township	11:00 p.m. – 5:00 a.m.
South Londonderry Township	11:30 p.m. – 6:00 a.m.

Government - Local and State Services Continued

Municipalities

Annville Township	36 N. Lancaster St., Annville	867-4476
Bethel Township Bldg.	3015 S. Pine Grove Street Fredericksburg	865-4005
Cleona Borough Hall	140 Walnut St., Cleona	272-7167
Cornwall Borough	44 Rexmont Road, Lebanon	274-3436
East Hanover Township	1117 Schoolhouse Rd., Annville	865-3614
Heidelberg Township	111 Mill Rd., Schaefferstown	949-3885
Jackson Township	60 Ramona Rd., Myerstown	866-4771
Jonestown	295 S Mill St, Jonestown,	861-5414
Lebanon City	735 Cumberland Street, Lebanon	639-2800
Millcreek Twp.	81 E. Alumni Ave., Newmanstown	(610) 589-4750
Mt. Gretna Borough	101 Chautauqua Dr	964-3270
Myerstown Borough	101 E. Washington St. Myerstown	866-5038
N Annville Twp Sup	1929 Thompson Ave., Jonestown	867-1814
N Cornwall Mun Bldg.	330 S. 18th St. Lebanon	273-9200
N Lebanon Twp Bldg.	725 Kimmerlings Rd, Lebanon	273-7132
N Londonderry Twp Bldg.	655 E. Ridge Rd, Palmyra	838-1373
Palmyra Borough Bldg.	325 S. Railroad St., Palmyra	838-6361
Richland Borough	5 Pine St., Richland	866-5601
S Annville Twp	1042 Horseshoe Pike, Lebanon	867-1003
S Lebanon Twp Bldg.	1800 S. 5th Ave, Lebanon	274-0481
S Londonderry Twp	27 W. Market St., Campbelltown	838-5556
Swatara Twp	68 Supervisors Drive, Jonestown	865-4803
Union Twp Bldg.	3111 SR 72, Jonestown	865-4039
W Cornwall Twp Bldg.	73 S. Zinns Mill Rd, Lebanon	272-9841
W Lebanon Twp Bldg.	322 W. 22nd St., Lebanon	274-1598

Grief Counseling

Compassionate Friends (Lebanon County Chapter)

Presbyterian Church, 1300 West Maple Street, Lebanon, PA 17046

(717) 274-2422

www.compassionatefriends.org

Support for family after the death of a child. Meets the 4th Monday of each month at 7pm.

Grief & Loss Support Group

Lebanon Valley Home, 550 East Main Street, Annville, PA 17003

(717) 285-2639 Nancy Boyd

Meets second Tuesday of each month, 3-4pm .

MOURNING HAS BROKEN

A Grief Support Group at St. Andrews Presbyterian Church

The Mourning Has Broken Grief Support Group at St. Andrews Presbyterian Church has been meeting monthly for almost 15 years. We are strictly a support group, not a counseling group.

Under the leadership of St. Andrews member and retired minister, Diane Pomeroy, we meet at 2:00 PM, on the first Thursday of every month in the Cassel Chapel at St. Andrews. At the present time, the membership of the group consists of people who are members of St. Andrews and quite a few people who are not members, but heard about us and wanted to join with us.

The content of our meetings is rather informal, mostly talking about concerns about the grieving process: sharing stories about the loved one we lost; asking questions about how we are feeling; dealing with special days like holidays, anniversaries, family celebrations; and other topics that might arise in the midst of our conversations.

We welcome anyone to come to our group, whether members of St. Andrews or not, no matter how long ago or how recent the loss, or the nature of the loss – father, mother, spouse, child, good friend. There is no charge to become part of our group, as this is part of the outreach mission of the church.

St. Andrews Presbyterian Church is located at 600 South 12th Street, Lebanon. The building is totally handicapped accessible. For more information, please call the church office at 717- 272-9933, or check our website: www.standrewslebanon.org

Mourning Light Foundation

P.O. Box 481, Manheim, PA 17545

www.mourninglightfoundation.org

Supports families coping with the loss of a child .

Move Forward Counseling, LLC

445 Mountville Drive, Lebanon, PA 17046

Referrals: info@moveforwardpa.com or Phone: (717) 462-7003 x1 or Fax: (717) 459-6253

An outpatient practice offering online mental health therapy across PA and in-person sessions at therapy offices in Lebanon, Hershey, Lancaster, Lancaster Downtown, York, Emmaus (Lehigh Valley), Pittsburgh, and State College, PA. for individuals aged six and older. A customizable mental health Employee Assistance Program (EAP) is also available for employers.

Olivia's House

830 South George Street, York, PA 17403

(717) 699-1133 Phone, (717) 699-1174 Fax

An organization of caregiving professionals and volunteers committed to supporting grieving children .

PATHways Center for Grief & Loss

4075 Old Harrisburg Pike, Mount Joy, PA

(717) 391-2413 or (717) 733-0699

www.pathwaysthroughgrief.org

Multiple support programs for adults and children run by Hospice of Lancaster County .

Grief Counseling Continued

SIDS of PA

(888) 721-CRIB

www.cribsforkids.org

Support for parents who have lost an infant.

Suicide Loss Support Group

To register for the support group, email: lebcosuicidelossgroup@gmail.com or visit the website at

<https://moveforwardpa.com/support-group/>.

This group is meant to help family and friends of those who have died by suicide feel understood and connect with others who have walked this difficult journey. Group members will use art, music, journaling, and other experiential therapies to take steps toward healing. Participants will also be connected to other Lebanon County services and supports, as appropriate.

The Caring Place

Highmark Caring Place, 3 Walnut Street, Suite 200, Lemoyne, PA 17043

(866) 613-4673, (717) 302-8401

A center for grieving children, adolescents and their families .

WellSpan Good Samaritan Hospice Bereavement Support Services

Journey Through Grief: *Bereavement Support Groups provide support for adults in the community who are grieving the loss of a loved one. The support groups are informal groups and do not follow a structured curriculum. Our groups are facilitated by trained Hospice Volunteers and are offered 2 times per month: 1st Monday of the month at 1:00p.m. and the third Thursday of the month at 6:30p.m. Registration is required for the Thursday evening group by noon time on the date of the group. If no one has registered by the deadline, the group will not be held. To register, please call either 717-270-4861 or 717-270-7672.*

**Please note that group dates are modified when a holiday falls on the date of the group.*

Rainbow Connection: *Is an activity club for children ages 5-10 who are grieving the loss of a loved one. The club is held on a weekday from 4:30- 5:30p.m for 6-weeks and is offered three (3) times per year. Children may benefit from sharing the feelings of loss with others their age. The club is held at the Weber Family Hospice Center at 202 Hathaway Park, Lebanon Pa, 17042. Registration is required by the parent or legal guardian. To obtain more information on the next 6-week session, please call 717-270-4861*

SHARE: *Support group for parents who have experienced the loss of a baby through miscarriage, stillbirth or in the first year of life. Meets most 3rd Thursday of most months at 6:30pm in the WellSpan Hospital Classrooms. For more information call the GSH Social Service Department at (717) 270-2233.*

Whole Life Counseling & Consulting

121 South College Street, Myerstown, PA 17067

Contact: (717) 288-5393 or info@wholelifecounselingandconsulting.com

We offer outpatient counseling services for children, adults, couples, families and groups. Our experts provide compassionate care for issues including trauma, mental health, anxiety, depression, grief or loss, internal family systems, sexual abuse, spiritual abuse & more. We rarely have a waitlist, so please contact us to set up an appointment to start your journey towards healing! We are credentialed with PerformCare & proudly accept Medicaid, several insurances, & self-pay options. We offer ASL & Spanish-speaking services on a case by case basis. Online sessions via Telehealth also available.

Health and Health Related Programs

Dental Related

Dental Dreams 3867 Union Deposit Road, Harrisburg, PA 17109 (717) 558-0042
Dental Hygiene Care Facility (717) 780-2441, (800) ABC-HACC (222-4222) Ext. 2441 <i>Daytime and evening clinic hours available .</i>
Dr. Robert Cramer 753 Fishburn Road, Hershey, PA 17033 (717) 520-0123
Dr. Shad Lewis 2211 Quarry Drive, Suite E67, Wyomissing, PA 19609 (610) 678-5700
Lancaster Cleft Palate Clinic Orthodontist - Dr. Ross E. Long, Jr. (717) 394-3793 <i>Medical assistance accepted. Case by case for special needs .</i>
Lebanon Free Clinic 135 South 9th Street, Lebanon, PA 17042 (717) 273-2715
Pennsylvania Donated Dental Services Eastern Pennsylvania P.O. Box 5025, Harrisburg, PA 17110-5025 (717) 238-8721, (800) 716-8721, (717) 238-8343 Fax <i>Resources for consumers with MR/Autism and behavioral problems, particularly aggression</i>
Union Community Care 101 South 9th Street, Lebanon, PA 17042 (717) 450-7015 www.unioncommunitycare.org
Upper Merion Dental 357 South Gulph Road, King of Prussia, PA 19406 (610) 337-2325
Volunteers in Medicine Free Clinic 711 South 8th Street, Lebanon, PA 17042 (717) 272-2252 <i>Free walk-in clinic Monday & Wednesday 12pm - 8pm, Friday 9am - 3pm. All services are free for uninsured as well as insured patients at the walk-in clinic.</i>

Health and Health Related Programs Continued

Hearing Related

Associated Otolaryngologists of Pennsylvania, Inc. 34 Northeast Drive, Hershey, PA 17033 (717) 835-1900
Baby Hearing www.babyhearing.org <i>Site provides information about the newborn hearing screening process .</i>
Better Hearing Institute (800) 327-9355
Deaf and Hard-of-Hearing Services of Lancaster County 630 Janet Avenue, Lancaster, PA 17601 (717) 397-4741, (717) 291-1839 Deaf Services, Voice and TTY <i>Provides services to the deaf and hard of hearing of Central PA and those in need of information about deafness, sign language and related topics .</i>
WellSpan Hospital Audiology, Speech Language and Dysphagia Services WellSpan Hospital, 4th and Walnut Streets (717) 270-7812 Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.
Hear Now Starkey Hearing Foundation 6700 Washington Avenue South, Eden Prairie, MN 55344 (800) 769-2799 Phone, (952) 828-6946 Fax <i>Hearing devices and some financial assistance for hearing devices .</i>
Hearing Devices (State Program) OVR Office (717) 787-7834

Health and Health Related Programs Continued

Sight Related

Bureau of Blindness and Visual Services - Department of Labor and Industry Office of Vocational Rehabilitation

2971-B North 7th Street, Harrisburg, PA 17110

(717) 787-7500, (717) 787-1733 TTY, (866) 375-8264

Offers specialized services and rehabilitative programs for the visually impaired to work and maintain independent lives.

InfantSee Program

www.infantsee.org

Click on "Locator" in the upper right hand corner for a list of local providers. Free vision exams for babies under 1 year old.

Pennsylvania Association for the Blind - Lebanon Satellite Office

738 Cumberland Street, Lebanon, PA 17042

(717) 274-6711

Provides social services, prevention and screening services and public education.

Sight for Students

1-888-290-4964, www.sightforstudents.org

Offers free eye care and eyewear for qualifying children.

Tri-County Association for the Blind

1800 North 2nd Street, Harrisburg, PA 17102-2200

(717) 238-2531

Serves the visually impaired and Radio Reading program. Prevention of blindness and visual problems.

Verizon Telephone Pioneers of America

Strawberry Square, 8th Floor, Harrisburg, PA 17101

(800) 322-6710

Organization hold annual sports jamboree for vision impaired and individuals who are wheelchair bound.

VisionCorps

2550 Hanford Drive, Lebanon, PA 17046

(717)291-5951

www.visioncorps.net

Empowering individuals with vision loss to attain independence through training in adaptive daily living skills, safe and independent travel instruction, support groups, social services, and comprehensive case management. Also provides prevention and vision screening services and public education.

Comprehensive Specialty Care Clinics

Acquired Brain Injury Network of Pennsylvania

Lansdale, PA 19466

(215) 699-2139 or (800) 516-8052 (messages only), info@abin-pa.org or send an email through www.abin-pa.org

Helps survivors and families with the challenges of brain injury. Call the InfoLine for information or use the Resource Screening on the Home Page and print a list of options based on your birth date. Sign up for the free monthly newsletter on the website.

Health and Health Related Programs Continued

Ambulance Service - First Aid and Safety Patrol Incorporated

254 S. 11th Street, Lebanon, PA 17042

(717) 272-1234 / (717) 272-6675 / (717) 272-6676

24-hour service

Cardeza Foundation Hemophilia Center Thomas Jefferson University

111 South 11th Street, Philadelphia, PA 19107

(215) 955-2342 Hemophilia

Children's Anesthesia Associates

100 North 20th St. Suite 201, Philadelphia, PA 19103

(215) 997-8228 Ventilator Depend

Children's Hospital of Philadelphia

34th & Civic Center Boulevard, Philadelphia, PA 19104

(215) 590-3608 Cystic Fibrosis / (215) 590-2197 Cooley's Anemia

(215) 590-3438 Hemophilia / (215) 590-1760 Spina Bifida

Children's Hospital of Pittsburgh

3705 Fifth Avenue, Pittsburgh, PA 15213

(412) 692-5098 Child Rehab / (412) 692-5721 Cystic Fibrosis / (412) 692-6421 Spina Bifida

Children's Seashore House

34th & Civic Center Boulevard, Philadelphia, PA 19104

(215) 590-7078 Child Rehab

Easter Seal Society of Eastern PA

1040 Liggett Avenue, Reading, PA 19611

(610) 775-1431 Child Rehab

Family First Health- Lebanon Center

300 Willow ST, Entrance B, Lebanon 17046

717-356-2222

www.familyfirsthealth.org/locations/lebanon

Family First Health is a non-profit Federally Qualified Health Center providing accessible, high quality primary care, integrated behavioral health and substance use services, as well as a wide range of community health programs. Family First Health meets patient needs through ongoing, consistent, and preventative team-based care in a patient-centered environment. Family First Health will see anyone, regardless of their ability to pay. There are several options available including insurance navigation support and a sliding fee discount program. Family First Health staff and providers will serve any patient in their primary language, through bilingual staffing and providers, or access to interpretation support. COVID-19 Testing and Vaccination is available for all community members. Appointments are available by calling or visiting our website for more information.

Foundations Pregnancy Support Services

601 Memory Lane, York 17402

We work with women who have or had a history of Substance Abuse Disorder and are pregnant or up to 18 months post-partum.

Referrals can be sent to 717-812-MOMS (6667)

Hemophilia Center of Western PA

3636 Boulevard of the Allies, Pittsburgh, PA 15213

(412) 209-7287 Hemophilia

Health and Health Related Programs Continued

Just Like Family

Home Health Care Services - 932 Cornwall Road, Lebanon, PA 17042

(717) 273-1950, (877) 674-9237

Serving elderly, those recovering from illness, new mothers and families with disabled individuals and special needs children with health care team professional care.

Juvenile Diabetes Research Foundation

Suite 103, 119 Aster Drive, Harrisburg, PA 17112-2747

(717) 902-6489

Lebanon Family Health Services, Inc.

615 Cumberland Street, Lebanon, PA 17042

(717) 273-6741

www.lebanonfamilyhealth.org

Provides gynecological examinations, contraceptive services, testing and treatment for Sexually Transmitted Infections, pregnancy testing, prenatal services, convenient care services, employment physicals, sports physicals, driver's license physicals, drug testing, finger printing services, primary care, and ACA health insurance enrollment assistance (during open enrollment). LFHS is also the county vendor for the WIC (Women, Infants and Children) Supplemental Nutrition Program. LFHS offers community education programs including diabetes education, parenting classes, nutrition education, reproductive health curriculum for teens, and tobacco cessation (Lebanon, Lancaster, Schuylkill and Berks Counties)

Lebanon State Health Center

9 North 9th Street, Lebanon, PA 17042

(717) 272-2044

Offers an immunization clinic, tuberculosis clinic, hypertension screenings, HIV clinic, home visiting and communicable disease reporting and follow-up.

Lebanon Valley Family YMCA

201 North 7th Street, Lebanon, PA 17046

(717) 273-2691

lebanonymca.org

Offers a variety of health and wellness opportunities for all ages. Facility and programs include state-of-the-art wellness center, group fitness studios including a cycling studio, group fitness classes, child watch while you exercise, water fitness classes, discounts on program fees like swim lessons, camps, sports and more, day camp and overnight camp, youth sports, indoor pool, personal training, indoor track, 2 racquetball courts, 2 gymnasiums, pickleball courts, Y Wellness 24/7 Virtual Fitness Platform, and wi-fi throughout the facility. Financial assistance available for those who qualify.

Lehigh Valley Hospital

Cedar Crest & 1-78, Allentown, PA 18105

(610) 402-0640 Hemophilia

Milton S. Hershey Medical Center

University Drive, Hershey, PA 17033

(717) 531-7468 Hemophilia / (717) 531-7522 Spina Bifida

Moss Rehab Hospital (ADULT CARE)

1200 West Tabor Street, Philadelphia, PA 19141

(215) 456-9596 Spina Bifida

Health and Health Related Programs Continued

NeedyMeds, Inc

P.O. Box 63716, Philadelphia, PA, 19147
 (215) 625-9609 Administrative Office , (419) 858-7221 Fax
 www.needymeds.com
Drug company assistance programs for people who meet guidelines.

Nurse-Family Partnership

Pinnacle Health - 2645 North 3rd Street, Harrisburg, PA
 (717) 782-2335, (717) 782-2709 Fax
A voluntary, evidence-based, home nurse visiting program for low-income, first time mothers who reside in Lebanon County. Clients can anticipate healthier pregnancies and babies, the development of parenting skills and support networks, referrals to community services and guidance with goal-setting for the future.

Penn Comprehensive Hemophilia Program

Presbyterian Medical Center, Medical Arts Building, Suite 211, 39th & Market Street, Philadelphia, PA 19104
 (215) 662-9248 Hemophilia

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406
 (484) 674-0506
Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. This includes everything from a wheelchair, home modifications, and hearing aids. We work one-on-one with people to identify and navigate funding resources for the devices they want and need. We also offer low-interest loans so people have the option to purchase the technology that will make a difference in their lives. PATF does not charge fees for any of its services and serves Pennsylvanians of all ages, income levels, disabilities, health conditions and cultural backgrounds.

Philadelphia Health & Education Corp. (ADULT CARE)

3300 Henry Avenue, Philadelphia, PA 19129
 (215) 842-6979 Cystic Fibrosis

Pinnacle Health Hospice

Harrisburg Area Office - 3705 Elmwood Drive, Harrisburg, PA 17110
 (717) 671-3800, (800) 889-1098, (717) 671-3713 Fax
 Web: www.pinnaclehealth.org
Serves adults and children diagnosed with any life-limiting illness.

Pinnacle Health Systems

Brady Medical Arts Building, 105 S. Front Street, Harrisburg, PA 17101
 (717) 231-8670 Cystic Fibrosis

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046
 Contact: Kendell Jones at (585) 748-0822 or keJones@pacounseling.com
Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Reading Hospital & Medical Center

301 South 7th Avenue, Suite 220, West Reading, PA 19611
 (610) 988-5111 Hemophilia

Health and Health Related Programs Continued

St. Christopher's Hospital for Children

Front & Erie Streets, Philadelphia, PA 19134

(215) 427-5506 Child Rehab / (215) 427-5183 Cystic Fibrosis

(215) 427-3836 Hemophilia / (215) 427-8190 Spina Bifida

Susquehanna Service Dogs

3700 Vartan Way, Harrisburg, PA 17110

(717) 671-7813

Email: nfierer@kss.org

Provide/train service dogs for people with disabilities .

Susquehanna Valley Pregnancy Center - Lebanon Pregnancy Center

132 South 8th Street, Lebanon, PA 17042

(717) 274-0600

Provides support and resources to women who are pregnant.

University of Pittsburgh Physicians (ADULT CARE) UPMC - Oakland

Campus Department of Physician Medical and Rehabilitation

Room 1103 Kaufmann Building, 5th Avenue and Darragh Street, Pittsburgh, PA 15213

(412) 692-2946 Spina Bifida

WellSpan Good Samaritan Hospital

252 S. 4th St, 4th and Walnut Street, Lebanon, PA 17042

(717) 270-7500

WellSpan Home Health & Hospice

1503 Quentin Road, Lebanon, PA 17042

(717) 274-2591 / (717) 274-3923 Fax

Home Assistance to persons during times of stress, illness, or other crisis. Services include personal care, self-care instruction, and caregiver relief. Provides intermittent skilled care in the home setting.

WellSpan Medical Equipment

301 Schneider Drive, Lebanon, PA 17046

(717) 272-2057; Fax 717-272-0796

Hours: Monday 10am-6pm; Tuesday - Friday 9am-5pm; Saturday 9am-1pm; Sunday Closed

Serves any person who requires medical equipment and medical supplies.

Welsh Mountain - Lebanon Community Health Center

920 Church Street, Lebanon, PA 17046

(717) 272-2700

Visit: Welshmountain.org

Welsh Mountain Health Centers is a community health center dedicated to offering quality health services that are both accessible and affordable to all members of the community, especially those who encounter barriers to care. Services offered include: Primary Medical Care, Dental Care, Integrated Behavioral Health Services, Social Services, Wellness Education, Assistance with health insurance eligibility/enrollment, Language Translation Services, Dental Outreach Screening, and Immunization Clinics.

Welsh Mountain's professional multicultural staff is ready to serve you and your family. Call to schedule an appointment - day and evening appointments are available at the Lebanon and Lancaster facilities.

Women's Health Center of Lebanon

300 Willow Street, Lebanon, PA 17046

(717) 273-8835

701 Leon Avenue, Palmyra, PA 17078

(717) 832-0554

Mission to deliver quality obstetrical and gynecological care to patients.

Housing/Home Repairs

Agape Family Shelter

139 S. 9th Street, Lebanon, PA 17042

(717) 272-6573

Provides temporary shelter for homeless women and their children.

Center for Independent Living - Disability Empowerment Center

Lancaster Office

1380 Harrisburg Pike, Lancaster, PA 17603

(717) 394-1890 Voice, (717) 394-3228 TTY, (717) 394-7930 Fax

Email: dec.cil@verizon.net

Lebanon Office

243 Schneider Drive, Lebanon, PA 17046

(717) 274-2554 ext. 124

Services include ADA technical assistance, sensitivity awareness training, peer helper groups, PA Transportation Alliance, Statewide Action Team and Rural Accessibility Modification Project (RAMP).

FRESH Start Emergency Shelter / Resource Center

250 South 7th Street, Lebanon, PA 17046

(717) 272-4400 x228

Emergency shelter services for individuals and families facing homelessness.

Habitat for Humanity Lebanon County

1455 East Main Street, Suite 3, Annville, PA 17003

(717) 867-1044

Non-profit organization serving to provide simple affordable housing for low-income families in need of adequate shelter.

Home Modification Program

(717) 780-3800

Housing & Redevelopment Authority

137 West Penn Avenue, Cleona, PA 17042

(717) 274-2577

Serves Lebanon County

Lebanon County Community Action Partnership

220 East Lehman Street, Lebanon, PA 17046

(717) 273-9328

Limited assistance is available to eligible Lebanon County residents who are homeless or at risk of becoming homeless

Housing/Home Repairs Continued

Lebanon County Housing Authority

1220 Mifflin Street, Lebanon PA 17046

(717) 274-1401

Application processing for owned and managed properties.

Lebanon Rescue Mission

1223 Bitner Avenue, Lebanon, PA 17046

(717) 273-2301

Provides housing for homeless men and a structured program for individuals with drug and alcohol related problems and parolees of Lebanon County.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. Our financial loans can be used for home modifications and home repairs when the can be described as assistive technology.

Weatherization Program

Community Action Agency of Delaware Co., Inc.

Call (610) 521-8770 or visit their website at www.caadc.org for an application. Provides and installs energy saving materials and provides furnace repair for eligible home owners.

Legal

Disability Rights Pennsylvania - Harrisburg Office

301 Chestnut Street, Suite 300, Harrisburg, PA 17101

(800) 692-7443 [Voice], 1-877-375-7139 [TDD], (717) 236-8110 [Voice], (717) 236-0192 Fax

drnpa-hbg@drnpa.org

Non-profit organization advancing and protecting civil right of all adults with disabilities. Provides information and referrals.

Education Law Center

1315 Walnut Street, Suite 400, Philadelphia, PA 19107-4798

(215) 238-6970

Web: www.elc-pa.org

Non-profit legal advocacy organization dedicated to ensuring that all of Pennsylvania's children have access to a quality public education.

Legal Clinic for the Disabled, Inc.

Magee Rehabilitation Hospital - 1513 Race Street, Philadelphia, PA 19102

(215) 587-3350, (215) 587-3352 TTY, (215) 587-3166 Fax

Legal assistance for people with disabilities.

Legal Continued

Midpenn Legal Services

513 Chestnut Street, Lebanon, PA 17042

(717) 274-2834, (717) 274-0379 Fax

Provides free legal services to low-income clients in civil matters including, housing, protection from abuse, welfare problems, custody, divorce and debtor advice. Employment Law issues covered include: Barriers to Employment: such as Criminal Records, Loss of Drivers License, Job Preservation and Getting/Preserving Income and Benefits, Unemployment Compensation, wage claims, pension and employer-provided disability.

PA Health Law Project

1414 North Cameron Street, Suite B, Harrisburg, PA 17103

800-274-3258, TTY (800) 866-236-6310

staff@phlp.org

Assists low-income consumers, persons with disabilities and consumer groups in addressing issues of access to, coverage for and quality healthcare. Free information and direct representation to persons having trouble accessing healthcare coverage and services thru publicly funded programs (Medicaid, Chip, ABC, etc.)

Pennsylvania Bar Association Lawyer Referral Services

P.O. Box 186, Harrisburg, PA

(888) 712-0128, (717) 238-6715, (888) 248-2795 TTY, (800) 692-7375 Referral Service, (717) 238-6807

Email: info@pabar.org

Matches clients with private attorneys by type of case and geographic location. Referrals are made by telephone only.

Phillip Drumheiser, Esquire

P.O. Box 890, Carlisle, PA 17111

(717) 245-2688, (717) 258- 4408 Fax

Legal assistance to children for education and health issues and other areas as required.

Special Needs Agency

4th Floor, 221 W. Philadelphia Street, P.O. Box 2926, York, PA 17405

Life insurance and estate planning for families and individuals with disabilities.

Local Municipalities/Points of Interest Websites

Central PA Magazine Community Calendar (WITF's Monthly Magazine)

www.centralpa.org/events.html

Central Penn Parent Community Calendar

www.centralpennparent.com

Childcare Works Network

www.dpw.state.pa.us/Child

Site provides valuable information about childcare, Head Start, and other early childhood development services available in PA.

Community Links

www.community-links.net/Resources.htm

Resources for Children including Playground Observation Tool, Respite Services, Babysitting Guidebook.

Harrisburg Community

www.harrisburgwebsites.com

Lebanon Events

www.pa-events.com/Lebanon/index.shtml

Local Municipalities/Points of Interest Websites Continued

Lebanon Macaroni Kid

www.lebanon.macronikid.com

Choose subscribe to receive weekly emails of events for the entire family

Palmyra Area

www.palmyrapa.com

Mental Health

ABOARD's Autism Connection of PA

autism-support.org

800.827.9385

Parent run non profit provides education, advocacy and support to parents and professionals.

Annville Psychological Services

44 East Main Street, Annville, PA 17003

(717) 966-1388 (833) 903-1465 Fax

email: mail@annvillepsych.com

Annville Psychological Services is a dynamic community of mental health experts committed to providing the most effective therapy available for anxiety, depression, trauma, child behavioral concerns, and relationships.

Another Chance Counseling

756 Cumberland Street, Suite 3, Lebanon, PA 17042

(717) 507-1386

Individual therapy for drug addiction, alcoholism and marriage counseling.

Behavioral Healthcare Corporation

822 Marietta Avenue, Suite 12, Lancaster, PA 17603

(717) 399-8288

Provides mobile psychiatric nursing services in Lebanon County and multidisciplinary mental health clinical services for PerformCare members.

Caron Foundation

Box 150, Galen Hall Road, Wernersville, PA 19565

(800) 678-2332

Treatment center for adults, adolescents and families.

Community Services Group (CSG) YFACTS Program

Youth Firesetter Assessment Consultation Treatment Services

2330 Vartan Way, Suite 204, Harrisburg, PA 17110

(717) 920-9434

CSG offers support to youth ages 5-21 who engage in the inappropriate use of fire who also have the presence of significant mental health and behavioral issues. For more information or to make a referral contact us at 717-920-9434.

Compeer of Lebanon County

4 South Fourth Street, Unit C, Lebanon, PA 17042

(717) 272-8317

www.compeer-lebanon.org or to contact by email: staff@compeer-lebanon.org

Compeer understands that a supportive and caring friend can have a positive influence on an individual's mental health. We support mental wellness by connecting someone living with a mental health challenge with a caring friend. Compeer's community-based programs serve youth, adults, and Veterans through volunteer mentoring and supportive friendship programs.

Mental Health Continued

Connie Davis

Lakeview Road, Mt. Gretna, PA 17064

(717) 964-3850

Individual, marital and family counseling.

Counseling and Family Life Education (COBY)

Palmyra Area Counseling Center - 25 North Chestnut Street, Palmyra, PA 17078

(717) 838-2290, (800) 452-6517

Provides therapy and parent education.

CSG Psychiatric Rehabilitation Program

718 Poplar Street, Lebanon, PA 17042

For more information call (717) 708-2655.

CSG's Site-Based and Mobile Psychiatric Rehabilitation programs are recovery-oriented, strength-based services that help you gain, improve, and maintain your personal goals. Services are provided on-site through group sessions, as well as through home and community integration to adults 18 years and older with a mental health diagnosis. Trained staff help individuals to identify areas of their life where their mental health is most interfering with self-identified goals and assist them with developing life skills and core competencies.

Employment Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at (585) 748-0822 or kejones@pacounseling.com

Free services available to individuals with a history of substance abuse, who are currently unemployed or underemployed. Services include 1:1 case management, connection to mental/physical health services and other community resources, resume building/interview prep, job placement assistance, financial literacy, and access to tangible goods to help obtain and retain employment. Services also available to local employers to help guide best practices for working with individuals with a substance use disorder, connect participants to open positions, and aid in retention of program participants. No insurance required, all services are free of charge to participants and employers.

Empower the Mind, LCC (Outpatient)

746 Cumberland Street, Lebanon, PA 17042

(717) 304-2631

Providing outpatient MH, D&A, Anger Management counseling, community education and prevention services for youth, adults and families. Many insurances accepted and private pay options available. Please call 717-304-2631 or email info@empowerthemind.org for more information.

Fredericksburg Family Therapy and Counseling Center

P.O. Box 452, Tan and Chestnut Street, Fredericksburg, PA 17026

(717) 865-0496

Halcyon Activity Center, Inc.

728 Walnut Street, Lebanon, PA 17042

(717) 272-3291

www.halcyonpsr.org

Halcyon provides social rehabilitation to those, 18 years of age and older, with serious and persistent mental illness. These services assist individuals on their personal journey of recovery to develop a greater sense of self-concept, sense of responsibility, independence, interdependent social competencies and community integration, as they receive the support of recovering peers.

Mental Health Continued

Hershey Psychiatric Associates

928 East Chocolate Avenue, Hershey, PA 17033

(717)533-4797

Provides individual, group and marital counseling.

Lebanon County CASSP (Child and Adolescent Service System Program)

220 East Lehman Street, Lebanon, PA 17046-3930

(717) 274-3415, (717) 274-0317 Fax

CASSP is a comprehensive mental health service system for children, adolescents and their families. These services are planned collaboratively with the child's or adolescent's family, the mental health system, the school and other agencies. CASSP also gives technical assistance to provider agencies on state-of-the-art mental health services for children and adolescents, supports best practice and assists in communication among all those who serve children in Pennsylvania.

CASSP is:

Child-centered: Services meet the individual needs of the child, consider the child's and family's context, and are developmentally appropriate, strengths-based, and child-specific.

Family-focused: Services recognize that the family is the primary support system for the child and participates as a full partner in all stages of their decision-making and treatment-planning process.

Community-based: Whenever possible, services are delivered in the child's home community, drawing on formal and informal resources to promote the child's successful participation in the community.

Multi-system: Services are planned in collaboration with all the child-serving systems involved in a child's life.

Culturally competent: Services recognize and respect the behavior, ideas, attitudes, values, beliefs, customs, language, rituals, ceremonies, and practices of a child's ethnic group.

Least restrictive/Least intrusive: Services take place in settings that are the least restrictive and intrusive available to meet the needs of the child and family.

Lebanon County Crisis Intervention, Information and Referral Center

209 Hathaway Park, 1st Floor, Lebanon, PA 17042

(717) 274-3363

Confidential help with any problem. Offering Mobile Crisis, Walk-in and telephone support. Meeting you where you are at to provide assessment, information and referrals.

Lebanon County Mental Health/Intellectual Disabilities/Early Intervention Program (MH/ID/EI)

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415, Fax: (717) 274-0317, (717) 274-3363 Crisis Intervention 24-Hour

The Lebanon County MH/ID/EI (Mental Health/Intellectual Disability/Early Intervention) program provides funding and administrative oversight for services in our community that support people and their families living with serious and persistent mental illness, children and adolescents with a mental health diagnosis, individuals with intellectual disability, individuals with Autism Spectrum Disorder and children birth to age three (3) for early intervention services.

Through an intake process, a person's eligibility for services and funding is determined and referrals are made to appropriate programs that correspond to service needs.

Mental Health Continued

Moblle MH/ID Behavioral Intervention Service

320 Highland Drive, Mountville, PA 17554

Contact: Lori Nimmon at nimmonl@csgonline.org or 717-285-7121 x 30345, 717-285-0839 Fax

Intake/Referrals call: 1-877-907-7970 x50014 or referrals@csgonline.org

Admission Criteria: Adults 18 and over, diagnosed with serious mental illness AND intellectual disability, active with a community psychiatric provider, active with PerformCare, open with a supports coordination and/or mental health case management organization and/or targeted case management. Hours of operation: 9a-5p M-F.

Move Forward Counseling, LLC

445 Mountville Drive, Lebanon, PA 17046

Referrals: info@moveforwardpa.com or Phone: (717) 462-7003 x1 or Fax: (717) 459-6253

An outpatient practice offering online mental health therapy across PA and in-person sessions at therapy offices in Lebanon, Hershey, Lancaster, Lancaster Downtown, York, Emmaus (Lehigh Valley), Pittsburgh, and State College, PA. for individuals aged six and older. A customizable mental health Employee Assistance Program (EAP) is also available for employers.

New Hope Christian Counseling

683 Steelstown Road, Annville, PA 17003

(717) 685-5157

ihavenewhope.org

Provides FREE Christ-centered, Biblically-based emotional, relational, and spiritual guidance to children, teens and adults experiencing challenging life issues.

New Perspective of White Deer Run

3030 Chestnut Street, Lebanon, PA 17042

(717) 270-3900

Serves individuals suffering from substance abuse and mental health issues (dually diagnosed).

New Story

2700 Commerce Drive, Harrisburg, PA 17110

(717) 901-9906

Provides short-term Intensive Behavioral Health Services for children and adolescents who are diagnosed with a mental health disorder.

PA Counseling Renaissance Counseling Center

618 Cumberland Street, Lebanon, PA 17042

(717) 274-2741

New Clients Call: 855-272-1653

Provides counseling, co-dependency counseling and psychiatric medication management.

PA Counseling Services Inc.

200 North 7th Street, Lebanon, PA 17046

(717) 272-1653, (717) 272-4166 Fax

New Clients Call: 855-272-1653

Offers a full range of counseling and treatments services.

Mental Health Continued

PA Parent and Family Alliance

A State-wide Program

Families looking for support call: 1-888-273-2361 or visit www.paparentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

Pastor Sean Condran Office

Call-Center

(717) 272-7326 or Toll-Free (833) 272-7326

Email: mail@pastorseancondranoffice.org

Providing mental health counseling, suicide prevention service and peer support from a Biblical perspective.

Hours: HQ Office: Open Monday-Friday, 9:30am- 6:00pm. Closed on weekends and national holidays.

Call-Center Hours: 24/7 (clients only) 717-272-7326 or 833-272-7326

Pastor Sean Condran Office Lebanon PA Spiritual Counseling (Main office)

701 Cumberland Street, Suite 210, Lebanon, PA 17042

Direct: (717) 200-2261, Locally: (717) 272-7326 x 5321 or Toll-Free (833) 272-7326 x 5321

Non-intensive care Spiritual Counseling Service. Hours: Monday-Friday, 9:30am- 6:00pm. Walk-ins welcome on staff availability.

Second Location

Berry Patch B&B; 115 Moore Road, Lebanon, PA 17046

Email: counseling@pastorseancondranoffice.org

(717) 340-2927, Locally: (717) 272-7326 x72824 or Toll-Free (833) 272-7326 x72824

Intensive care Spiritual Counseling service. Hours: Monday-Friday, 9:30am- 6:00pm by appointment only.

PerformCare

(888) 722-8646, (800) 654-5984 TTY, 711 PA Relay

How do I access services?

PerformCare can assist in identifying you or your child/adolescent's needs for mental health or substance abuse services and connect you to the appropriate agency for assessment and/or treatment. If it is an emergency, you will be connected with crisis intervention or an inpatient facility for immediate assistance and assessment. If your child/adolescent's behavioral health needs can be met by outpatient treatment or an evaluation, you can schedule this service with the provider of your choice without prior authorization. BHRS services require a psychological or psychiatric evaluation to be completed. Services are voluntary. PerformCare is the managed care organization for individuals with medical assistance.

Ponessa Behavioral Health

15 S. 9th Street, Lebanon, PA 17042

(717) 273-5992, (717) 273-5995 Fax, (800) 437-5405 (1st Time Appointments)

www.twponessa.com

T.W.Ponessa & Associates is dedicated to providing guidance for the safety, well-being, and permanency for children, adults, and families. We are committed to enhancing the lives of those we serve by helping people back into the swing of life. We offer Mental Health Outpatient Counseling, Drug & Alcohol Outpatient Counseling, School-Based Outpatient Counseling, Psychiatric Services (Psychiatric Evaluations & Medication Management), Intensive Behavioral Health Services (IBHS), and Parent-Child Interaction Therapy (PCIT).

Mental Health Continued

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

Contact: Kendell Jones at (585) 748-0822 or kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Recovery InSight, Inc

1525 Oregon Pike, Suite 801, Lancaster, PA 17601

717-517-8552

Contact: January Abel, COO ext. 10

Natalie Letra, CPSS/Program Coordinator ext. 29

www.Recovery-InSight.com

Recovery InSight, Inc. is a free-standing Certified Peer Specialist (CPS) service established in 2010, serving adults, youth and young adults, whose philosophy is to "see the person and not the illness". Supporting peers by assisting them to attain their individual recovery goals while building trusting relationships with mutual respect. The CPS has had professional training, as well as personal knowledge and experiences to understand the importance of reflective listening, feeling empowered with choices, options, advocacy, and hope. Internally, Recovery InSight, Inc. values the strengths, gifts and talents of each team member, which creates exceptional modeling of recovery oriented services, externally. Provides Certified Peer Support Services, WRAP workshops, Recovery trainings for Providers, contracted Speakers Bureau featuring personal recovery stories, Certified Peer Support panel discussions, WRAP informational sessions, and Mental Health Advanced Directives training.

Sexual Assault Resource Counseling Center of Lebanon County (SARCC)

615 Cumberland Street, #2, Lebanon, PA 17042

(717) 272-5308 Hotline, (717) 270-6972 Office

Provides advocacy, counseling and therapy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Sexual Trauma Therapy is provided by our licensed therapists trained in EMDR, DBT, TF-CBT, and IFS. We have a bilingual therapist on staff. Hotline available 24/7.

Teen Challenge

P.O. Box 98, Rehrersburg, PA 19550

(717) 933-4181

www.teenchallenge.com/Rehrersburg

Serves men 18 years and up with drug and alcohol abuse problems.

The Arc Lancaster Lebanon

116 W. Airport Road, Suite A, Lititz, PA 17543

(717) 394-5251

Email: info@thearcclancleeb.org or visit www.TheArcLancLeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

Mental Health Continued

True North Wellness Services - Functional Family Therapy (FFT)

5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112

Contact: Andrew Texter at (717) 657-2080 x 1950

Fax: (717) 657-2290

www.TrueNorthWellness.org

Functional Family Therapy (FFT) is a short term, family-based prevention and intervention program for youth ages 10-18 who are at-risk and/or presenting with substance abuse, delinquency, truancy, violence, conduct disorder, oppositional defiant disorder, and disruptive behavior disorder.

Upward Call

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Warrior Project - Pennsylvania Counseling Services (Ren West Office)

624 Cumberland Street, Lebanon, PA 17042

(717) 450-5666

Contact: Katie Hunt at khunt@pacounselingservices.com or (717) 454-7543

The Warrior Project is a program to help transition age youth with mental health needs become more independent. Participants set their own goals using a person-centered planning process with the help of their chosen supports. The program provides groups and activities for young adults to help the participants work on their goals, develop skills to become more independent and socialize with peers. In order to be referred, the youth must:

** Have a mental diagnosis*

** Be enrolled with PerformCare (Medical Assistance)*

** Show a need to gain skills in at least two of the four target domains: employment (finding, getting and keeping a job), education (finding a college or trade school), independent living skills (cooking, cleaning, money management, transportation, etc), and community involvement and socialization (volunteering, getting involved in activities in the community, increasing social resources, etc)*

** Be between 16-23 years old*

Referrals to the Warrior Project are made by any service provider or school.

WB Music Therapy, LLC

7728 Green Hill Road, Harrisburg, PA 17112 (administrative location only)

119 N. 8th Street, Lebanon, PA 17046 (outpatient office location)

Melanie Walborn, MT-BC (717) 468-1684 mawbmt@gmail.com

Kristyn Beeman, MT-BC (717) 514-8160 kdwbmt@gmail.com

www.wbmusictherapy.com

WB Music Therapy provides individual and group music therapy for children, adolescents, adults, and older adults. Board-certified music therapists customize and implement music therapy interventions that can address emotional, social, communication, physical, and/or cognitive needs. Services can be provided in our office, personal home, group homes, substance abuse treatment and recovery centers, long-term care facilities, and more. (*services provided to those 3-21 years of age are covered by medical assistance and can only be provided at our outpatient service location).*

Mental Health Continued

WellSpan Philhaven - Main Campus

283 S. Butler Road, Mt. Gretna, PA 17064

(717) 273-8871

WellSpan Philhaven - Outpatient Services

204 Hathaway Park, Lebanon, PA 17042

(717)389-0368

964 Isabel Drive, Lebanon, PA 17042

(717) 274-9777

www.WellSpanPhilhaven.org

WellSpan Philhaven promotes hope, healing and wholeness through the provision of behavioral healthcare resources. A full continuum of services is offered, including community-based, outpatient, program-based, inpatient and residential services. Services are available for children, adolescents, adults and families at locations throughout South Central Pennsylvania. Autism services are also available at all locations.

Wernersville State Hospital

P.O. Box 300, Wernersville, PA 19565-0300

(610) 678-3411, (610) 670-4100, (610) 670-4101 Fax

Serves seriously and persistently mentally ill persons over 18 years of age in need of extended inpatient psychiatric treatment.

Whole Life Counseling & Consulting

121 South College Street, Myerstown, PA 17067

Contact: (717) 288-5393 or info@wholelifecounselingandconsulting.com

We offer outpatient counseling services for children, adults, couples, families and groups. Our experts provide compassionate care for issues including trauma, mental health, anxiety, depression, grief or loss, internal family systems, sexual abuse, spiritual abuse & more. We rarely have a waitlist, so please contact us to set up an appointment to start your journey towards healing! We are credentialed with PerformCare & proudly accept Medicaid, several insurances, & self-pay options. We offer ASL & Spanish-speaking services on a case by case basis. Online sessions via Telehealth also available.

Youth Advocate Programs, Inc

105 Chapel Street, Lebanon, PA 17042

(717)228-0935, (717) 228-0939 Fax

Contact for IBHS: Edward Harmon

Youth advocate programs provides community-based services for youth involved in juvenile justice systems and child welfare systems as well as youth with behavioral health needs and their families who could benefit from Intensive Behavioral Health Services (IBHS), Early Intervention Services, and Family Based Mental Health Services. Youth Advocate Programs also provides services to both children and adults who are on the autism spectrum or intellectual and/or who are affected by intellectual and developmental disabilities.

Military Resources

CompeerCORPS

4 South Fourth Street, Unit C, Lebanon, PA 17042

(717) 272-8317

www.compeer-lebanon.org or email: staff@compeer-lebanon.org

Compeer and CompeerCORPS Programing builds a network of military Veterans to provide peer mentoring within the military and Veteran affiliated community. Compeer recruits, screens, and trains Veteran volunteers and matches them in one-to-one supportive friendships with Veterans who are in mental health recovery.

Fort Indiantown Gap

Headquarters, Pennsylvania National Guard

(717) 861-2000

www.dmva.state.pa.us

Lebanon County Veterans Director

Contact: Scott Kohr at 717-228-4422

Provides support to veterans and their families for county, state, and federal benefits.

Military ONESOURCE

(800) 342-9647

Pennsylvania Department of Military and Veterans Affairs

Fort Indiantown Gap, Annville 17003-5002

(717) 861-8910

www.dmva.state.pa.us

Recreation and Leisure

Amusements/Attractions: For more information check the web at www.community-links.net

Adventure Sports, Hershey	adventurehershey.com
Allenberry Resort Inn and Playhouse	allenberry.com
Amish Farm and House, Lancaster	amishfarmandhouse.com
Art Association of Harrisburg	artassocofhbg.com
Art Center School and Galleries, Mechanicsburg, PA	theartcenterschoolandgalleries.com
Artillery Ridge Campground and National Riding Stable, Gettysburg	artilleryridge.com
Avalanche Express, York	avalanchexpress.com
Benjamin Olewine III Nature Center, Harrisburg	explorewildwoodpark.org
Carlisle Sports Emporium, Carlisle	carlisesportsemporium.com
Carlisle Theatre, Carlisle	carlisletheatre.org
Catoctin Wildlife Preserve and Zoo, Thurmont, MD	catoctinwildlifepreserve.com
Challenge Family Fun Center of Hershey	challengefamilyfunhershey.com
Cherry Crest Farm – Amazing Maize Maze, Ronks	cherrycrestfarm.com
Climbnasium, Inc., Mechanicsburg	climbnasium.net
Color Me Mine	colormemine.com
DeMuth Museum, Lancaster	demuth.org
Cornwall Iron Furnace	cornwallironfurnace.org
Dorney Park and Wildwater Kingdom, Allentown	dorneypark.com
Dutch Apple Dinner Theatre, Lancaster	dutchapple.com
Echo Dell Indian Echo Caverns	indianechocaverns.com
Dutch Wonderland Family Amusement Park, Lancaster	dutchwonderland.com
Eichelberger Performing Arts Center, Hanover	theeich.org
Elmwood Park Zoo, Norristown	elmwoodparkzoo.org
Explore and More, NY	exploreandmore.org
Fort Hunter Mansion and Park, Harrisburg	forthunter.org
Gretna Glen Camp & Retreat Center	gretnaglen.org
Hands-on House Children's Museum, Lancaster	handsonhouse.org
Harrisburg Senators Baseball	milb.com/harrisburg
Harrisburg Symphony Orchestra	harrisburgsymphony.org
Hershey Bears Hockey	hersheybears.com
Hershey Gardens	hersheygardens.org
Hersheypark	hersheypark.com
Huntsdale Fish Hatchery, Carlisle	fishandboat.com
Knoebels Amusement Resort, Elysburg	knoebels.com
Lake Tobias Wildlife Park	laketobias.com
Land of the Little Horses Farm Park, Gettysburg	landoflittlehorses.com
Landis Valley Museum Village & Farm Museum, Lancaster	landisvalleymuseum.org

Recreation and Leisure Continued

Liberty Forge Golf, Mechanicsburg	libertyforgegolf.com
Little Theatre of Mechanicsburg	ltmpa.com
M & H Railroad, Middletown	mhrailroad.com
Mad Science - Lehigh Valley	lehighvalley.madscience.org
Maple Lawn Farm, New Park	maplelawnfarms.com
Maryland Science Center, Baltimore, MD	mdsci.org
Millersburg Ferry Boats, Liverpool	millersburgferry.org
National Apple Museum, Biglerville	nationalapplemuseum.com
National Toy Train Museum, Strasburg	tcatrains.org/museum
National Watch and Clock Museum, Columbia	museum.nawcc.org
Olympic Skating Center, Enola	olympic skatingcenter.com
Open Stage of Harrisburg	openstagehbg.com
Oyster Mill Playhouse, Camp Hill	oystermillplayhouse.com
PA Renaissance Faire & Theatre in the Mansion, Manheim	parenfaire.com
Paramount Sports Complex	paramountsportscomplex.com
Pennsylvania Farm Show Complex, Harrisburg	farmshow.pa.gov
Pennsylvania National Fire Museum, Harrisburg	pnfm.org
Philadelphia Zoo	philadelphiazoo.org
Popcorn Hat Players - Gamut Theatre Group, Harrisburg	gamuttheatre.org/php
Port Discovery, Baltimore, MD	portdiscovery.org
Pride of the Susquehanna Riverboat	hbgriverboat.org
Railroad Museum of Pennsylvania, Strasburg	rrmuseumpa.org
Sesame Place, Langhorne	sesameplace.com/philadelphia
Sight & Sound Theatres, Strasburg	sight-sound.com
Ski Roundtop, Lewisberry	skiroundtop.com
Susan P. Byrnes Health Education Center, York	byrneshec.org
Susquehanna Art Museum, Harrisburg	susquehannaartmuseum.org
The Amish Experience, Bird In Hand	amishexperience.com
The Baltimore Zoo	marylandzoo.org
The Belmont Theatre	thebelmont.org
The Hershey Story Museum	hersheystory.org
The Fulton Opera House Lancaster	thefulton.org
The Lazer Factory	thelazerfactory.com
The National Aquarium at Washington, DC	aqua.org
The National Civil War Museum, Harrisburg	nationalcivilwarmuseum.org
The North Museum of Natural History & Science, Lancaster	northmuseum.org
The Planetarium at the State Museum of Pennsylvania, Harrisburg	statemuseumpa.org
The Puppet Place, Boiling Springs	puppetplace.com
The State Museum of Pennsylvania, Harrisburg	statemuseumpa.org
Theatre Harrisburg, Harrisburg	theatreharrisburg.com
Timbers Dinner Theatre	gretnatimbers.com
Whitaker Center for Science and the Arts, Harrisburg	whitakercenter.org
Winters Heritage House, Elizabethtown	elizabethtownhistory.org
Wolfgang Candy Company, York	wolfgangco.com
York County Heritage Trust, York	yorkhistorycenter.org
ZOOAMERICA, Hershey	zooamerica.com

Recreation and Leisure Continued

Lebanon County Special Olympics

PO Box 1018, Lebanon, PA 17042

Contact: Peter Wilson (717) 507-2008

lebcoso.org

Serving children and adults with intellectual disabilities We are free to the athletes, ages 6 and up-to age cap.

Lebanon Macaroni Kid

lebanon.macronikid.com

Choose subscribe to receive weekly emails of events for the entire family.

Lebanon Parks and Recreation

Campbelltown

¾ acre playground adjacent to South Londonderry Township Building

Camp Rocky Creek - A branch of the Lebanon Valley YMCA

PO Box 339, 20 Penryn Lane, Cornwall, PA 17016

(717) 450-3565

lebanonymca.org/camp-rocky-creek

Summer Day Camp and Resident Camp. We also offer programs, rentals, and retreats. Contact Camp to learn more about what is available.

Clarence Schock Memorial Park at Governor Dick Environmental Center

3283 Pinch Road, Mt. Gretna, Pa 17064

Features 16 miles of trails located within a 1,105 acre forested park.

Coleman Memorial Park

1400 W Maple Street, Lebanon, Pa 17046

Open daily 7:00 am to Dusk

For information (717) 272-7271

Colemanmemorialpark.com

Picnic pavilions, amphitheater, gazebo, band shell.

Kenbrook Bible Camp

190 Pine Meadow Road, Lebanon, PA 17046

(717) 865-4547

www.Kenbrook.org

Ministry to a diverse population from basic retreats to summer camps.

Lebanon Valley Rails to Trails

P.O. Box 2043, Cleona, Pa 17042

www.traillink.com

The Lebanon Valley Rail Trail runs through the Western edge of South Lebanon Township from the Lebanon Valley Expo Center north to the city/township line. Well maintained trail that can be utilized by hikers, bikers and runners alike. Use is limited to daylight hours.

Lion's Lake, North Lebanon Township

For more information contact the North Lebanon Township Offices at (717) 273-7132.

A family friendly park offering accessible areas for individuals with disabilities, walking/jogging/bicycle trails, pavilions, playground, boat dock, fishing pier for handicap, volleyball court, softball field and boat rentals.

Recreation and Leisure Continued

Memorial Lake, Ft. Indiantown Gap

18 Boundary Road, Grantville, Pa 17028

717-865-6470

dcnr.pa.gov

The park is surrounded by the headquarters for the Pennsylvania Army and Air National Guard and is situated on 230 acres. Offers picnicking, boating, fishing and hiking.

Middle Creek Wildlife Preserve, Klienfleetersville

Owned and operated by the Pennsylvania Game Commission. Great for hikers, bird watchers and photographers. Includes a Visitors Center that features wildlife and environment displays.

For more information call (717) 733-1512.

Mt. Gretna Clarence Schock Memeorial Park at Govenor Dick

parkatgovernordick.org

A 1,105-Acre forested park in Lebanon county Pa with 16 miles of trails, 66- foot- tall observation tower and an Environmental center.

Palmyra Bowling

1218 East Main Street, Palmyra, PA 17078

(717) 838-634

www.palmyrabowl.com

Bowling programs for youth and adults.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. Our financial loans can be used to purchase adapeted sports equipment. We also have our "Smart Homes Made Simple" guide that helps educate people on how to use smart home technology for leisure.

Possibility Place In George Park

300 Nyes Road, Harrisburg, PA 17109

717-6575600

Accessibility features include a 5' wide ramps and passageways, unitary groundcover for easy travel in wheelchairs, accessible swings in tot lot and main playground, high and low monkey bars and rings, raised sandbox, sensory garden, transfer stations at all slides, manipulatives throughout the playground, and imaginative play areas such as recording studio, stage, tree house, castle, train and boat.

South Hills Park

South Lincoln Avenue, Lebanon, PA 17042

(717) 274-0481

www.twp.south-lebanon.pa.us

Over 100 acres which includes a walking trail, tennis courts, softball and baseball fields, soccer field, basketball court, volleyball court, fitness court, tot-lot, and 8 pavilions that can be utilized for parties.

Stoever's Dam Park

946 Miller Street, Lebanon, PA 17046

This 53-acre park offers camping, picnicking, hicking and a 23.5-acre lake for canoeing and fishing.

Recreation and Leisure Continued

The Swatara Watershed

The Swatara Watershed Association is a 501c3 volunteer organization. Their signature project is the 60 mile long Swatara Water Trail that runs from Pine Grove, through Lebanon County, to Middletown. With the PA Fish and Boat Commission and the Department of Conservation and Natural Resources, the Swatara Watershed Association (SWA) identified a boat access point every five miles along the Swatara. The first weekend in May each year, they run a sojourn (over night canoe and camping trip). Canoes and maps are available May through October. For more information, visit the web site at www.SwataraWatershed.com.

Travelers with Disabilities

800-778-4838, 800-455-9880 TTY

Union Canal Park

25th Street and Union Canal Drive
(717) 272-1473

The Lebanon County Historical Society also owns and maintains The Union Canal Tunnel, the oldest existing tunnel in the United States, for the canal linking Reading and Harrisburg. The Union Canal Tunnel Park includes picnic tables and has no admission fee. For local community events, parades, festivals, fairs etc., call your local township office.

Wheelchair Getaways of Pennsylvania

1809 Fox Hunt Lance, Harrisburg, PA 17110
(800) 221-6501, (717) 238-1354, (717) 238-3050 Fax
Email: PA@wheelchairgetaways.com
Travel help serving all of PA, Delaware, West Virginia and Southern New Jersey.

Service Organizations

Palmyra - Annville SERTOMA Club

P.O. Box 142, Annville, PA 17003
717-571-2526
The Palmyra- Annville SERTOMA Club supports many community organizations to improve the quality of life for those in need in Lebanon county Pa through education and support.. Meets every Tuesday at 12 noon at the Rotunda Brewery in Annville Pa.

Kiwanis Club of Lebanon

P.O. Box 394, Lebanon, Pa 17042
www.htk00398.site.kiwanis.org
Email to phyllis_meek@att.net
Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.

Lebanon Valley Chamber of Commerce

989 Quentin Road Suite 1, Lebanon, PA 17042
(717) 273-3727, (717) 273-7940
lvchamber.org
The Lebanon Valley Chamber of Commerce is the vital and vibrant voice for the business community. As the resource for business, the Chamber boasts an impressive list of services and events from networking and advocacy to professional development and economic forecasts. Working together, its members affect the business climate and the quality of life for all who live, work, play and do business here

Service Organizations Continued

Lebanon Valley SERTOMA Club

P.O. Box 444, Lebanon, PA 17042

The Sertoma Club has many hearing related projects, as well as community involvement.

Lions Clubs of Lebanon:

Fredericksburg lionsclubs.org

Jonestown lionsclubs.org

Lebanon lionsclubs.org

Myerstown lionsclubs.org

Palmyra lionsclubs.org

South Lebanon lionsclubs.org

Christi Deaner is the sight coordinator for Lebanon County.

Phone 717- 867-4300 or Email: mdeiner@comcast.net

We believe in changing the world by serving the needs of our local communities. More than 1.4 million Lions around the world are responding to local and global challenges with kindness and care. Come volunteer with us.

Rotary Clubs of Lebanon

rotary.org

Lebanon (717) 272-0153

Myerstown (717) 866-5652

Northern Lebanon (717) 865-3427

Palmyra (717) 838-3162

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Social Services

Align Life Ministries

132 South 8th Street, Lebanon, PA 17042

(717) 274-0600

alignlifeministries.org

We offer practical support and education for moms and dads of all ages; and all services are 100% free and confidential. You will learn valuable skills and become confident in your ability to parents your kids well. With our small group format you will develop friendships with other parents who are in the same stage of parenting as you. And you will earn CARE cash each time you visit which you can then spend in our Baby Boutique for baby items like diapers, wipes, formula, high chairs, strollers and more. Every parent needs help from time to time. We are here for you!

American Cancer Society

526 Cumberland Street, Lebanon, PA 17042

(717) 273-4740

www.cancer.org

American Heart Association Northeastern

4250 Crums Mill Road Suite 100, Harrisburg, Pa 17112

www. heart.org

Email: marsha.jackson@heart.org

Social Services Continued

American Lung Association of Pennsylvania

1-800-LUNGUSA

Visit: lung.org

Arthritis Foundation

4811 Jonestown Rd # 230, Harrisburg, PA 17109

(717) 763-0900

www.arthritis.org

The Arthritis Foundation is boldly pursuing a cure for America's #1 cause of disability while championing the fight to conquer arthritis with life-changing science, resources, advocacy and community connections .

Central Pennsylvania March of Dimes

160 S Progress Ave #1, Harrisburg, PA 17109

(717) 231-2095

www.hmarchforbabies.org

Provides professional and public education on prenatal care and birth defects prevention.

Cystic Fibrosis Foundation - Lehigh Valley Office

4309 Linglestown Suite 108, Harrisburg, PA 17112

(717) 671-4000

Visit: cff.org or Email: harrisburg@cff.org

We help people with cystic fibrosis and their families get the tools and support they need to lead healthy lives today.

Developmental & Disability Services of Lebanon Valley

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493 or visit: ddslebanon.org

DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program .

Domestic Violence Intervention (DVI) of Lebanon County

P.O. Box 42, Lebanon, PA 17042

Call: (717) 273-7190 / 1-866-686-0451 or visit: dviolc.org

Free, confidential, 24/7 support. Shelter, counseling, protective orders and legal advocacy, goal planning and safety planning, public education. Open to all. Bilingual.

Humane Society of Lebanon County

150 North Ramona Road, Myerstown, PA 17067

www.lebanonhumane.org

(717) 628-1369

Jonestown Outreach Pantry (JOY)

St. John's United Church of Christ

48 West Market Street, Jonestown, PA 17038

(717)820-5240

Visit: joypantry.org or email: joypantry@gmail.com

Serving the Northern Lebanon School District Picture ID and proof of income required. Check website for distribution times.

Social Services Continued

Jubilee Ministries

235 South 12th Street, Lebanon, PA 17042

(717) 274-7528 or visit: jub.org

Emphasis in providing support and assistance to friends and family members of those who are imprisoned.

Kidney Foundation of Central PA.

900 S. Arlington Ave, Suite 134A, Harrisburg, PA 17109

(717) 652-8123, (800) 762-6202 or visit: kfcg.org

Provides public and professional education on kidney disease.

Lebanon Area Careerlink

718 Poplar St Suite C, Lebanon, PA 17042

(717) 274-2554 TTY: 717-279-2828

www.pacareerlink.pa.gov

Provides referral and placement services to all individuals requesting assistance.

Lebanon County Area Agency on Aging

710 Maple Street, Second Floor, Lebanon PA 17046

(717) 273-9262, Fax: (717) 274-3882

email: AAA.IR@lebanoncountypa.gov

website: www.lebanoncountypa.gov/departments/aging

Protective Services on call 24 hours by calling DES at (717) 272-2054 or (800) 490-8505 or 911.

Hours of operation 8-4:30pm Mon-Fri

Target population: 60 years or older. Provides information and Referral/ Care Management of In home services/ Senior Community Centers/ Medicare Insurance Counseling/Home Delivered Meals/Protective Services/ Adult Day Care.

Lebanon County Children & Youth Services

Municipal Building, Room 401, 400 S. 8th Street, Lebanon, PA 17042

(717) 228-4430 / (717) 272-2054 for on-call worker after hours / Fax (717) 228-4465

www.lebanoncountypa.gov

Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, residential care, and emergency shelter care. Provide referrals for group and individual counseling/therapy, parenting skills classes and day care.

Lebanon County Christian Ministries

250 South 7th Street, Lebanon, PA 17042

(717) 272-4400

Provides shelter, food, and other resources to assist individuals in crisis.

Lebanon County Community Action Partnership

220 East Lehman Street, Lebanon, PA 17046

(717) 273-9328

www.lebanoncountypa.gov

Offers rental assistance, shelter assistance, information and referral, bridge housing, shelter housing, medical assistance transportation, volunteer income tax assistance, and financial assistance with transportation and child care for eligible participants.

Social Services Continued

Lebanon County MH/ID/EI

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415

www.lebanoncountypa.gov

The Lebanon County MH/ID/EI Program provides funding and administrative oversight for services in our community that support people and their families living with developmental delays, mental illness, and intellectual disabilities. Our mission is to assure that these services are of the highest quality possible, are cost-effective, and are readily available to all who need them. We promote recovery and resiliency in our mental health program, and self-determination in our intellectual disabilities program.

Leukemia & Lymphoma Society

101 Erford Rd Suite 201, Camp Hill, PA 17011

(717) 652-6520, (800) 955-4572

Visit: lls.org

Provides programs for patients and family members affected by blood cancers.

Mentor A Mother

615 Cumberland St, Lebanon, PA 17042

717-685-9442

www.communityhealthcouncil.com

Mentor a Mother is a non-profit group mentoring program for young mothers between the ages of 13-25 years old living in Lebanon County. In a group mentoring setting, young mothers are connected with older, more experienced mothers called mentors that are dedicated to encouraging success within their educational, parental and social goals. Mentors also provide group education on various life skills and parenting skills topics in a supportive, non-judgmental environment.

Muscular Dystrophy Association

Visit: mda.org

Provides diagnostic and follow up care through MDA clinics, mobility equipment and specialized health education dealing with muscular dystrophy.

PA Parent and Family Alliance

A State-wide Program

Visit: paparentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

PA Tourette Syndrome Alliance

18 High St # 68, Hanover, PA 17331

1-800-990-3300

Visit: patsainc.org

Non-profit serving residents and their families affected by Tourette Syndrome. Support groups available.

Social Services Continued

Parents Anonymous

Visit: parentsanonymous.org

Connect with a counselor 24 hours a day, 7 days a week from anywhere in the U.S. It's free, confidential, and in the language of the caller. Call us at 855-427-2736 or email us at help@nationalparentyouthhelpline.org.

Parents Helping Parents

Visit: parentshelpingparents.org

Parent stress line call 1-800-632-8188

Free, Confidential & Anonymous. The Parent Stress Line offers a safe place for parents and caregivers to talk about the challenges of raising children and receive kindness, understanding, and the non-judgmental support needed to help prevent a situation from escalating into a crisis. Available 24 hours a day, 7 days a week.

Parents Together

parents-together.org

At ParentsTogether, our mission is to provide the news families need. We cover the latest research, policies, and trends affecting kids and families, so busy parents have the information they need to help their families thrive.

We believe that parents can be an unstoppable force for good. We show up for parents with inspiring and actionable journalism, so parents can show up for their families and communities.

PCAP

For Assistance contact: Dollar Energy 1-888-282-6816 or the WARM/CARES line at 1-800-207-9276 or Met Ed at 1-800-545-7741

Assistance provided to First Energy/Met-Ed customers only, based on need. Must seek help before utility is shut off and meet eligibility requirements.

Pennsylvania Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493

Visit: ddslebanon.org

Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

Pennsylvania Link to Aging & Disability Resources / Berks-Lancaster-Lebanon Service Area

1-800-753-8827 or 717.380.9714

www.aging.pa.gov

The Pennsylvania Link to Aging and Disability Resources is a shared statewide approach for Long-Term Services and Supports for all populations regardless of age, income or ability. Has the ability to work with all payers - federal, state, local and private.

Probe/New Choices of Lebanon County

303 Chestnut Street, Office 1, Lebanon, PA 17042

(717) 273- 2090

Visit: probepa.org

Career counseling, information and referral program for single parents and homemakers who are seeking employment.

Social Services Continued

Salvation Army

1031 Guilford St., P.O. Box 1109, Lebanon, PA 17046

(717) 273-2655

www.salvationarmy.org

Provides programs for social development, seasonal assistance through the Angel Tree and food distribution through Second Harvest.

Sexual Assault Resource Counseling Center of Lebanon County (SARCC)

615 Cumberland Street, #2, Lebanon, PA 17042

(717) 272-5308 Hotline, (717) 270-6972 Office

Provides advocacy, counseling and therapy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Sexual Trauma Therapy is provided by our licensed therapists trained in EMDR, DBT, TF-CBT, and IFS. We have a bilingual therapist on staff. Hotline available 24/7.

United Way of Lebanon County, Inc.

801 Cumberland Street, Lebanon, PA 17042

(717) 273-8144, (717) 273-7030 Fax

United Way of Lebanon County focuses on three "Building Block" areas: health, education, and financial stability, in addition to the basic needs and safety net services necessary for a good life. We work collaboratively with corporate partners, service agencies, and other local organizations to ensure that resources (knowledge and capital) are appropriately aligned to address the needs in our community. As a trusted community leader, United Way of Lebanon County facilitates community partnerships, leads local nonprofit organizations, and works with many in our community to ensure a high quality of life for everyone in the Lebanon Valley. Two community programs managed are:

2-1-1 Health and Human Service Information Line - Call 2-1-1 to receive free, 24/7, non-emergency health and human service information from a live call specialist. You can access this system by texting your zip code to 898-211, calling 2-1-1, or searching the online resource guide at <http://www.pa211east.org/>.

*Lebanon County Volunteer Connection - This is an online volunteer management system that enables any nonprofit entity that utilizes volunteers to have a profile page and list their volunteer needs. In addition, community members seeking volunteer opportunities can use this system to find opportunities that meet their availability and interests and sign up right through the system. You can access this site through the United Way website <https://unitedwaylebco.galaxydigital.com/>. * Both programs are free and open to all community members*

Weatherization Program

energy.gov/scep

Provides and install energy saving materials and furnace repair for eligible home owners.

WIC (Women, Infants, and Children Program)

Lebanon Family Health Services

615 Cumberland Street, Lebanon, PA 17042

(717) 273-6940

Visit: lebanonfamilyhealth.org

Serves lower income families with a subsidized food program and nutrition counseling.

Amramp Accessibility

1-888-705-5423

Visit: amramp.com

Provider of mobility and accessibility solutions for the elderly and disabled. Services include ADA technical assistance, free in-home evaluations, and full-service home modifications. Services, sells and RENTS ramps, stairlifts, platform lifts and other various types of equipment.

Special Needs

ASERT

1-877-231-4244

paaautism.org

The ASERT Statewide Autism Resource Center is Pennsylvania's leading source of autism-related resources and information .

Autism Services

dhs.pa.gov/Services

Autism Services website is intended to communicate the Department of Human Services (DHS)'s efforts to enhance the quality of life and independence of Pennsylvanians with autism and to support their families and caregivers.

CATRA (Capital Area Therapeutic Riding Association)

P.O. Box 339 168 Station Road, Grantville, PA, 17028

(717) 298-7035

Provides recreational and therapeutic horseback riding to physically and mentally challenged people of all ages .

Center for Autism and Developmental Disabilities (CADD)

1886 Rohrerstown Road, Lancaster, PA 17604

(717) 735-1920

WellSpan Philhaven's Center for Autism and Developmental Disabilities addresses the social, emotional and behavioral needs of individuals with autism spectrum disorders and intellectual disabilities. A multidisciplinary team of developmental specialists address concerns and support individuals and their families from infancy through adulthood.

Center for Independent Living of Central PA

3211 North Front Street , Suite 100, Harrisburg, PA 17110

717-731-1900

Visit: cilcp.org

Community Interactions, Inc

740 South Chester Road, Swathmore, PA. 19081

1-610-328-9008

ciinc.org

We strive to support those we serve to empower their independence through our Delaware and Pennsylvania disability and autism care services, residential programs, and our day and community-based programs.

Community Services Group

512 S. 8th Street, Lebanon, PA 17042

(717) 274-5170

csgonline.org

Provides residential and in-home services in Lebanon County to individuals with intellectual disabilities.

Developmental & Disability Services of Lebanon Valley

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493

Visit: ddslebanon.org

DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program .

Special Needs Continued

Disability Empowerment Center

704 Metro Drive, Lebanon, PA 17042

717-394-1890

decpa.org

The Disability Empowerment Center is the Center for Independent Living serving Lancaster and Lebanon Counties. DEC is a private, nonprofit, nonresidential organization run by and for people with disabilities. We dedicate our efforts to breaking through the barriers to Independent Living .

Friendship Community

1149 East Oregon Pike, Lititz, PA 17543

(717) 656-2466

www.friendshipcommunity.net

Provides daily needs and living skills to group homes in Lebanon County.

Halcyon Activity Center, Inc.

728 Walnut Street, Lebanon, PA 17042

(717) 272-3291, (717) 271-1008 Fax

halcyonpsr.org

Provides day program, evening and weekend program, social gatherings and individual support for those with mental illness or mental disability.

Lebanon County MH/ID/EI

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415

The Lebanon County MH/ID/EI Program provides funding and administrative oversight for services in our community that support people and their families living with developmental delays, mental illness, and intellectual disabilities. Our mission is to assure that these services are of the highest quality possible, are cost-effective, and are readily available to all who need them. We promote recovery and resiliency in our mental health program, and self-determination in our intellectual disabilities program.

Merakey- Allegheny Valley School

1291 Middletown Road

www.avs.merakey.org

(717) 566-3267

Intermediate Care Residential Facility for the physically and mentally disabled. Provider for community residential services.

Mobile MH/ID Behavioral Intervention Service

320 Highland Drive, Mountville, PA 17554

717-285-7121

www.csgonline.org

Admission Criteria: Adults 18 and over, diagnosed with serious mental illness AND intellectual disability, active with a community psychiatric provider, active with PerformCare, open with a supports coordination and/or mental health case management organization and/or targeted case management. Hours of operation: 9a-5p M-F.

Office for Dispute Resolution

6340 Flank Drive, Harrisburg, PA 17112

(800) 222-3353

odr-pa.org

Provides the resources for parents and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities)

Special Needs Continued

Pennsylvania Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493

Visit: ddslebanon.org

Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

PA Family Network

1-844-PAFAMILY

Email: pafamilynetwork@visionforequality.org

Under the leadership of Vision for Equality, the PA Family Network will provide family workshops and networking opportunities throughout the Commonwealth, led by trained Family Advisors, all of whom have family members with disabilities.

PA Office of Vocational Rehabilitation

555 Walnut Street, Forum Place, 8th Floor, Harrisburg, PA 17101

717-787-7834 (voice) 717-787-4013 (TTY) / 800-442-6352 (voice) 877-497-6545 (TTY)

(Counties served- Cumberland, Dauphin, Juniata, Lebanon, Mifflin, Perry)

OVR serves people who have emotional, cognitive or physical disabilities that present a substantial impediment to employment.

There is an application process to receive services. If found eligible for the program, an Individual Plan of Employment is developed that outlines services identified and needed for the individual to retain his or her current job or to return to work.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406

(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. We help people of all disabilities and health conditions to get assistive technology to improve their lives.

Pennsylvania Link to Aging & Disability Services

1-800-753-8827

Aging and Disability Resource Centers (ADRC) are a nationwide effort to take a seamless approach in the way we assist seniors and adults with disabilities who need help with activities of daily living. The ADRC in PA is known as the Link.

Pennsylvania's Initiative on Assistive Technology (PIAT)

800-204-7428 (In State) 866-268-0579 (TTY In State) 215-204-1805 (TTY)

Pennsylvania's Initiative on Assistive Technology (PIAT) strives to enhance the lives of all Pennsylvanians with disabilities, older Pennsylvanians, and their families, through access to and acquisition of assistive technology devices and services, which allow for choice, control and independence at home, work, school, play, and in their neighborhoods.

Quality Employment Services and Training, Inc. (QUEST)

704 Metro Drive, Lebanon, PA 17042

(717) 273-8118, (717) 273- 2580

paquest.com

Provides vocational evaluation, training and job placement for individuals with disabilities over the age of 17.

Special Needs Continued

Renova Center

25 Metro Drive, Lebanon, PA 17042

(717) 274-0493, (717) 274-2574

Intermediate Care Residential Facility for the physically and mentally disabled.

SAM (Service Access & Management , Inc.)

747 E. Cumberland Street, Lebanon, PA 17046

(717) 769-6375

sam-inc.org

SAM provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability and autism.

Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Special Education ConsultLine

6340 Flank Drive, Harrisburg, PA 17112

Office of Dispute Resolution

(800) 879-2301

Toll-free information help line for parents and advocates of children with disabilities who have questions or concerns about the education of a school-aged child. Specialists answer questions and provide information about special education, gifted education, and Section 504 of the Rehabilitation Act of 1973.

Special Olympics of Lebanon County

P.O. Box 1018, Lebanon, PA 17042

Contact Peter Wilson at (717) 507-2008

Serving children and adults with intellectual disabilities. Free to athletes ages 6 and up.

Supportive Concepts for Families

724 East Cumberland Street, Lebanon, PA 17042

(717) 675-2897

www.supportiveconcepts.org

Provides Daily needs and living skills to group homes in Lebanon County.

The ARC Lancaster Lebanon

116 W. Airport Road Suite A, Lititz, PA 17543

(717) 394-5251

thearclancle.org

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

United Disabilities Services Foundation

2270 Erin Ct, Lancaster, PA 17601

1-888-837-4235

udservices.org

Provides quality services in the home and community that enhances the independence and enriches the lives of seniors and individuals with disabilities. Services include but are not limited to: Home Modifications, Home Medical Equipment, Supports Coordination/Care Management, Service Dogs, Custom Wheelchair Seating and In Home Personal Care. Please contact our Resource Center to learn more.

Special Needs Continued

Upward Call

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

www.upwardcall.org

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Youth Advocate Program (YAP)

105 North Chapel Street, Lebanon, PA 17046

(717) 228-0935

www.yapinc.org

Providing community based services to enhance the health and welfare of children and adults with developmental disabilities, such as physical disabilities, intellectual disabilities or those with traumatic brain injury. Assist individuals in acquiring, maintaining and improving self-help, domestic, socialization, employment and adaptive skills. YAP also provides supportive services to parents with intellectual disabilities to help them bond with and safely care for their children.

Substance Use

Compass Mark

625 S. 5th avenue (Basement), Lebanon, PA 17042

(717) 229-2831 x239 (Michelle Sweitzer)

Provides drug and alcohol prevention and educational programs. Also provide community presentations on substance abuse.

Crisis Intervention & Information Center (WellSpan Hospital)

209 Hathaway Park, Lebanon, PA 17042

(717) 274-3363

Provides on-call drug and alcohol screening and makes referrals as appropriate.

Employment Support Services

624 Cumberland Street, Lebanon, PA 17046

kejones@pacounseling.com

Free services available to individuals with a history of substance abuse, who are currently unemployed or underemployed. Services include 1:1 case management, connection to mental/physical health services and other community resources, resume building/interview prep, job placement assistance, financial literacy, and access to tangible goods to help obtain and retain employment. Services also available to local employers to help guide best practices for working with individuals with a substance use disorder, connect participants to open positions, and aid in retention of program participants. No insurance required, all services are free of charge to participants and employers.

Empower the Mind, LCC (Outpatient) & Lebanon County Student Assistance Programming (SAP)

746 Cumberland Street, Lebanon, PA 17042

(717) 304-2631

Provides outpatient drug and alcohol treatment services. SAP teams exist in each Middle and High School in Lebanon County. These teams are made up of various school staff, administrators, teachers and coaches along with a liaison who is a licensed clinician trained in mental health and substance use disorders. Helping school personnel in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success.

Substance Use Continued

Family First Health- Lebanon Center

300 Willow ST, Entrance B, Lebanon 17046

717-356-2222

familyfirsthealth.org/locations/lebanon

Family First Health is a non-profit Federally Qualified Health Center providing accessible, high quality primary care, integrated behavioral health and substance use services, as well as a wide range of community health programs. Family First Health meets patient needs through ongoing, consistent, and preventative team-based care in a patient-centered environment. Family First Health will see anyone, regardless of their ability to pay. There are several options available including insurance navigation support and a sliding fee discount program. Family First Health Integrated Substance Use Services offers Medication Assisted Treatment (MAT), with a team of dedicated staff to walk alongside each patient to ensure critical needs are met and continued engagement in care through recovery. Family First Health staff and providers will serve any patient in their primary language, through bilingual staffing and providers, or access to interpretation support. Appointments are available by calling or visiting our website for more information.

Foundations Pregnancy Support Services

601 Memory Lane, York 17402

We work with women who have or had a history of Substance Abuse Disorder and are pregnant or up to 18 months post-partum.

Referrals can be sent to 717-812-MOMS (6667)

Lebanon County Commission on Drug and Alcohol Abuse

220 E. Lehman Street, Lebanon, PA 17046

(717) 274-0427

Offers drug and alcohol assessments, prevention, intervention, and treatment funding to Lebanon County residents.

Lebanon Recovery Center

701 Chestnut Street, Lebanon, PA 17042

(717) 450-5033

Peer assistance center, established to introduce access to available resources to those in the recovery community and develop a recovery network of support. This program intends to assist by providing individuals with free Narcan. Individuals in recovery who wish to access resources or obtain information or support in their recovery.

Individuals in early recovery (new to the process) or still contemplating recovery, including those still active in their addiction. Veterans with substance use disorders. Individuals recently released from prison or jail.

Individuals who are not involved in formal treatment but are in need of additional support. Loved ones of those who are in active addiction, wishing to obtain information on how to access resources for a loved one or themselves.

Lebanon Comprehensive Treatment Center

3030 Chestnut Street, Lebanon, PA 17042

(877)625-8922

Lebanon Comprehensive Treatment Center offers outpatient treatment for adults age 18 and older of all genders who are struggling with opioid use disorder.

Move Forward Counseling, LLC

445 Mountville Drive, Lebanon, PA 17046

Referrals: info@moveforwardpa.com or Phone: (717) 462-7003 x1 or Fax: (717) 459-6253

An outpatient practice offering online mental health therapy across PA and in-person sessions at therapy offices in Lebanon, Hershey, Lancaster, Lancaster Downtown, York, Emmaus (Lehigh Valley), Pittsburgh, and State College, PA. for individuals aged six and older. A customizable mental health Employee Assistance Program (EAP) is also available for employers.

Substance Use Continued

Pyramid Healthcare, Inc (Outpatient)

101 West Cherry Street, Palmyra, PA 17078

(866)868-1148

pyramid-healthcare.com

Provides substance use treatment, including drug and alcohol addiction. We provide counseling services for both individuals and families throughout Lebanon and Dauphin Counties.

Naaman Center

240 South 8th Street, Lebanon, PA 17042

(717)708-2558

naamancenter.com

Providing drug and alcohol assessments, day and evening outpatient and intensive outpatient services.

New Perspective of White Deer Run (Inpatient Rehab & Detox Services)

3030 Chestnut Street, Lebanon, PA 17042

(717) 270-3900

whitedeerrun.com

Serves individuals suffering from substance abuse in either an inpatient rehab or detox setting.

PA Counseling Services Renaissance

618 Cumberland Street, Lebanon, PA 17042

(717) 274-2741

pacounseling.com

Provides counseling, co-dependency counseling and psychiatric medication management.

PA Parent and Family Alliance

A State-wide Program

Families looking for support call: 1-888-273-2361

parentandfamilyalliance.org

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders. Our FSP are just that, partners. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. FSP will walk with you on your journey until you feel ready to walk on your own. Our services are free and confidential.

Pregnant/Postpartum Support Services

200 North 7th Street, Lebanon, PA 17046

kejones@pacounseling.com

Free services available to women with a history of substance abuse, who are currently pregnant or postpartum within the last 24 months. Postpartum includes miscarriage, stillbirth, and abortion. Services include psychoeducational groups, 1:1 case management, connection to mental/physical health services and other community resources, free childcare, and access to tangible goods to help mom/children. No insurance required, all services are free of charge.

Ponessa Behavioral Health

15 South 9th Street, Lebanon, PA 17042

(717) 273-5992

ponessa.com

We provide Drug and Alcohol and Co-Occurring (Mental Health and Substance Abuse) outpatient services including screening/assessments, outpatient individual counseling and groups. Our client centered, strength based approach utilizes evidence based practices such as stages of change, motivational interviewing and cognitive behavioral therapy. In supporting the belief that there are multiple pathways to recovery, we reinforce the client centered approach to therapy.

Substance Use Continued

Renew Program - Intensive Case Management

Bethany Christian Services

1681 Crown Avenue STE 201, Lancaster, PA 17601

For more information please call: (717) 678-0350

ReNew is a signature prevention program that supports expectant mothers with a history of substance use. ReNew integrates evidence based specialized case management model practices across formal systems of child welfare, criminal justice, and SUD treatment. ReNew provides transportation, assists in providing needs for baby and mother.

Teen Challenge

33 Teen Challenge Road, P.O. Box 98, Rehrersburg, PA 19550

(717) 933-4181 or visit: paatc.org

Pennsylvania Adult & Teen Challenge offers faith-based, comprehensive treatment programs to men and women. We are proud to offer highly regarded residential treatment programs

U-Turn for Christ

515 S 6th Street, Lebanon, PA 17042

(570) 259-3753

uturnforchristpa.org

U-Turn For Christ PA is a Eight month discipleship ministry for men and women struggling with addiction and willing to participate in Bible studies and faith based treatment

Support Groups

Al-Anon

888-425-2666

al-anon.org

Provides support for those affected by someone else's alcohol use.

Alcoholics Anonymous

aa.org

24 Hour hotline for info on meeting times and places.

Provides support for recovering alcoholics.

Alzheimer's Support Group

alz.org/pa

800-2720-3900

Arthritis Foundation

arthritis.org

Autism Connection of PA

autismofpa.org

1-800-827-9385

Parent run, non-profit group providing education, advocacy and support to parents and professionals.

Autism Spectrum Support Group

pautism.org

Innovate, collaborate, and lead to improve access to quality services, data, and information; to provide support, training and education in best practices; and to facilitate the connection between individuals with autism, developmental disabilities, and special populations, families

Support Groups Continued

Brain Injury Support Group

Penn State Hershey Rehab Hospital
1135 Old West Chocolate Avenue, Hummelstown, PA. 17033
biapa.org
Contact Melissa Carmen at 717-361-2854 or Sunshineblu18@aol.com
Meetings held 3rd Thursday of the month 7-8:30 PM. Support Group for people with brain injuries.

Bladder Cancer Support Group

pennstatehealth.org/support-groups
This group provides an opportunity to share cancer related experiences and provide encouragement, hope, education and emotional support to patients with bladder cancer and their families through formal meetings, personal contact and newsletters. This group supports bladder cancer research through awareness functions, seminars and fundraising. For more information, please call the support group liaison at 717-531-0003, extension 285863

Bone Marrow / Stem Cell Transplant

pennstatehealth.org/support-groups
The BMT Support Group is designed to offer support, encouragement, information and resources regarding all aspects of the stem cell transplant process. The group is open to all Bone Marrow/Stem Cell Transplant patients, family members, caregivers, friends and donors. For more information, please call 717-531-0003, extension 281210.

Compassionate Friends

compassionatefriends.org
Support group for parents who have suffered the death of a child.

Compassionate Friends

compassionatefriends.org
Support group for parents who have suffered the death of a child.

Divorce Care & DC4K (Divorce Care For Kids)

dc4k.org
DC4K provides your children with a safe and neutral place to gain an age-appropriate understanding of separation and divorce. They will learn how to process and share their feelings.

Domestic Violence Support Group

DVI - (717) 273-7190
dviolc.org

Down Syndrome Support Group

globaldownsyndrome.org
The Global Down Syndrome Foundation is a public non-profit dedicated to significantly improving the lives of people with Down syndrome through Research, Medical Care, Education and Advocacy.

Fibromyalgia (Fibrositis) Support Group

(717) 270-6054

Fibromyalgia Awareness and Education Group

(717) 397-6271

Gamblers Anonymous

gamblersanonymous.org/ga

Support Groups Continued

HIV/AIDS Support Group apositivelife.com
Kids Together, Inc kidstogether.org <i>Volunteer non-profit provides info on inclusive communities including an advocate education listserv, newsletter and website information.</i>
La Leche League lalecheleagueoflanastercounty.wordpress.com <i>La Leche League Leaders are experienced parents who have breastfed their own babies and who have been trained and accredited by La Leche League International to help with all aspects of breastfeeding. They are available by phone or email whenever you have breastfeeding questions or concerns. Help for all breastfeeding families in Lancaster and beyond.</i>
Lebanon County Children and Adults with Attention Deficit Disorder (CHADD) chadd.org <i>CHADD is a national non-profit organization whose mission is to improve the lives of people with ADHD.</i>
Living in Harmony (Bi Polar Support Group) 243 Schneider Drive Room #3, Lebanon, PA 17042 <i>1st & 3rd Friday of every month from 1-3pm for more information Call Paula at (717) 769-2922 or email Barb at blaquesheep@aol.com</i>
Mentors for Self Determination 1414 North Cameron Street, Suite B, Harrisburg,. PA 17103 717-233-2252, 877-233-2008 <i>Statewide group for people with disabilities and families offers training, technical assistance and support through mentoring.</i>
MOMS - Renewed Lebanon Valley Bible Church 1482 Horseshoe Pike, Lebanon, PA 17042 (717) 361-8901 lvbiblechurch.org or email: momsrenewed@lvbc.church <i>Encourages women by providing support, friendship, encouragement and spiritual teaching. Structured program for children birth to "homeschoolers" during meetings.</i>
Narcotics Anonymous 24 Hour Answering service for info on meeting times and places (717) 322-4453
Parkinson's Support Group Cornwall Manor cornwallmanor.org <i>Meets the fourth Monday of every month except June, July and December at 2 PM in the Health Center Community Room (third floor). For more information on Support Groups, contact the Campus Social Services Coordinator at 717-675-1531.</i>

Support Groups Continued

Phoenix Society for Burn Survivors Inc

(800) 888-2876

phoenix-society.org

Peer support for burn survivors.

Prader-Willi Syndrome Association of Pennsylvania

Debbie Fabio

104 Persimmon Place, Cranberry Township, PA 16066

724-779-4415

Prostate Cancer Support Group

pennstatehealth.org/support-groups

Patients, spouses, family members and caregivers receive encouragement, information and support. The Prostate Cancer support group meets quarterly (January, April, July and October) on the second Monday of each month.

For more information, call 717-531-5784.

Recovery Group

Tri-County Worship Center

1501 Schubert Road, Bethel, PA 19507

(717)933-1040

Visit: tricountyworship.com

Sight Loss Support Group

(717) 205-4141

visioncorps.net

Support group for people who are blind or visually impaired. This is a virtual support group that meets monthly on Wednesdays.

South Central Pennsylvania Sickle Cell Council

3211 North Front Street, Suite 103, Harrisburg, PA 17110

(717) 234-3358

Community-based supportive service programs for people and families affected by Sickle Cell Disease.

Spectrum Friends

1705 East Cumberland Street (A&M Pizza)

Facilitator: Dave Knauss (717) 307-9710 dknauss@verizon.net

Group meets third Wednesday of each month from 6:30pm to 8:30pm

Stroke Support Group

pennstatehealth.org/support-groups

This group provides programs of interest to stroke survivors and their caregivers as well as an opportunity for support and socialization. Meetings are held the second Wednesday of each month, 3-4 p.m. Registration is not required and there is not a fee to attend. For information on how to attend, please contact Amy Wildasin, 717-531-0003 x286361, awildasin@pennstatehealth.psu.edu

Suicide Loss Support Group

To register for the support group, email: lebcosuicidelossgroup@gmail.com or visit the website at

<https://moveforwardpa.com/support-group/>.

This group is meant to help family and friends of those who have died by suicide feel understood and connect with others who have walked this difficult journey. Group members will use art, music, journaling, and other experiential therapies to take steps toward healing. Participants will also be connected to other Lebanon County services and supports, as appropriate.

Transition-Aged Supports

Center for Independent Living

Disability Empowerment Center
704 Metro Drive, Lebanon, PA 17042
(717) 394-1890
www.decpa.org

PA Protection and Advocacy, Inc.

1414 North Cameron Street, Suite C, Harrisburg, PA, 17103
(717) 236-8110, 800-692-7443 (in PA), 877-375-7139 TTY
www.disabilityrightspa.org

A Statewide non-profit corporation to advance and protect the civil rights of all adults and children with disabilities. Works with people with disabilities and their families to ensure their rights to live in their communities with the services they need, to receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination over their services.

Pennsylvania Assistive Technology Foundation

1004 West 9th Avenue, King of Prussia, PA 19406
(484) 674-0506

Pennsylvania Assistive Technology Foundation is a statewide nonprofit organization that helps people with disabilities and older Pennsylvanians get assistive technology. Our "Cents and Sensibility: A Guide to Money Management" was developed for transition-aged youth to prepare them for how to manage their money, save and budget. Included in the guide is a transition-aged check list.

Pennsylvania Client Assistance Program (CAP)

Philadelphia Office - 215-557-7112, 1-888-745-2357
admin@egualemployment.org or www.egualemployment.org

Advocacy program helps people who are seeking services from the OVR, blindness, visual Services, Centers for Independent Living and other programs funded under Federal Law. Provides information and advice about rehabilitation programs, legal rights and responsibilities and resolves problems that arise when seeking services.

PROBE

303 Chestnut Street, Office 1, Lebanon, PA 17042
(717) 939-2260

Provides budget counseling as well as specialized career counseling for low-income, single parents, homemakers and pregnant/parenting teens, so that they can attain emotional and economic independence.

Quest (Quality Employment Services and Training, Inc.)

704 Metro Drive, Lebanon, PA 17042
(717) 273-8118,
www.paquest.com

Provides vocational evaluation, training and job placement for individuals with disabilities over the age of 17.

SAM, Inc

747 E. Cumberland Street, Lebanon, PA 17046
(717) 769-6375
www.sam-inc.org

SAM provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability and autism. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Transition-Aged Supports Continued

Warrior Project - Pennsylvania Counseling Services (Ren West Office)

624 Cumberland Street, Lebanon, PA 17042

(717) 450-5666

Contact: Katie Hunt at khunt@pacounselingservices.com or (717) 454-7543

The Warrior Project is a program to help transition age youth with mental health needs become more independent. Participants set their own goals using a person-centered planning process with the help of their chosen supports. The program provides groups and activities for young adults to help the participants work on their goals, develop skills to become more independent and socialize with peers. In order to be referred, the youth must:

** Have a mental diagnosis*

** Be enrolled with PerformCare (Medical Assistance)*

** Show a need to gain skills in at least two of the four target domains: employment (finding, getting and keeping a job), education (finding a college or trade school), independent living skills (cooking, cleaning, money management, transportation, etc), and community involvement and socialization (volunteering, getting involved in activities in the community, increasing social resources, etc)*

** Be between 16-23 years old*

Referrals to the Warrior Project are made by any service provider or school.

Youthline

theyouthline.org

1-877-968-8491

Text Teen2teen to 839863

Need someone to listen? Troubled, stressed, hurting or lonely? In a crisis and don't know where to turn?

24 hour helpline. Confidential and anonymous.

Youth Advocate Programs, Inc

105 North Chapel Street, Lebanon, PA 17046

(717)228-0935, (717) 228-0939 Fax

www.yapinc.org

Youth advocate programs provides community-based services for youth involved in juvenile justice systems and child welfare systems as well as youth with behavioral health needs and their families who could benefit from Intensive Behavioral Health Services (IBHS), Early Intervention Services, and Family Based Mental Health Services. Youth Advocate Programs also provides services to both children and adults who are on the autism spectrum or intellectual and/or who are affected by intellectual and developmental disabilities.

Transportation

Lebanon County Community Action Partnership TACC (Transportation and Child Care) Program

220 East Lehman Street, Lebanon, PA 17046

(717) 273-9328

Provides assistance with child care and transportation for eligible families.

Lebanon Transit

(717) 274-3664

www.lebanontransit.org

COLT buses and mini-buses are fully accessible. If for some reason you are unable to get to the bus stop and are ADA certified, call COLT for more information on how to get a ride on the complimentary paratransit service or on how to apply for ADA certification.

Bus Service

Weekdays - 6:00 am to 11:35 pm.

Saturday - 7:30 am to 11:35 pm

For fare information call: (717) 274-3664.

Mini Bus Service

Inside City Limits

Monday – Friday - 8:00 am to 5:00 pm

Saturday – 8 am to 4 pm

Outside City Limits

Monday - Friday - 8:00 am to 3:30 pm

Appointments must be called in the prior day from 8:00 am to 2:00 pm - (717) 274-3514

No Service on Holidays:

New Years Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas

Lebanon County Community Action Partnership

Medical Assistance Transportation Program

220 East Lehman Street, Lebanon, PA 17046

(717) 273-9328

Arranges transportation for Medical Assistance Recipients.

Volunteer Opportunities

Alley Center for the Blind

2550 Hanford Drive, Lebanon, PA. 17042

www.sabvi.com

Contact: Stephanie Wolpert at (717) 291-5951 Ext. 155 or swolpert@sabvi.com

American Cancer Society

www.cancer.org

Contact: Melissa Murphy at (717) 397-3745 or melissa.murphy@cancer.org

American Red Cross

1-800-733-2767

Offering volunteer opportunities including: Disaster Preparedness Education, Blood Donor, Disaster Response services and leadership opportunities. Please call for more information.

Big Brothers Big Sisters Of the Capital Region

www.capbig.org

Contact: Steven Early at (717) 236-0199

Compeer of Lebanon County

4 South Fourth Street, Unit C, Lebanon, PA. 17042

www.staff@compeer-lebanon.org

Contact: (717) 272-8317

Cornwall Manor

P.O. Box 125, Cornwall, PA. 17016

(717) 273-2647 or visit: www.cornwallmanor.org

Developmental & Disability Services

1126 Walnut Street, Lebanon, PA. 17042

www.ddslebanon.org

Contact: (717) 274-3493

Jubilee Ministries

www.jub.org/volunteer

(717) 274-7528

Opportunities include helping in the stores, special projects, prison services and aftercare

Lebanon County Area Agency on Aging

710 Maple Street, Second Floor, Lebanon, PA. 17046

Contact: AAA.IR@lebanoncountypa.gov or (717) 273-9262

Offering volunteer opportunities including: Meals On Wheels Drivers, Exercise Group Leaders, Apprise Volunteers (Insurance Counseling), Property Tax/ Rent Rebate application assistance, Drivers to escort to medical appointments, Tax Preparation and Office Task Helpers.

Lebanon County Suicide Prevention Task Force

220 East Lehman Street, Lebanon, PA. 17046

For more information contact: Holly Leahy at HLeahy@lebcnty.org or (717) 274-3415

The Lebanon County Suicide Prevention Task Force is a collaboration of community members, providers and schools working together for the prevention of suicide. Please join us the fourth Tuesday of each month from 1:00-2:30pm at Lebanon County MH/ID/EI, 220 East Lehman Street, Lebanon, PA. 17046

Volunteer Opportunities Continued

Lebanon Valley Volunteers in Medicine

www.vimleb.org

For more information call: (717) 272-2252

Opportunities consist of physicians, nurse practitioners, physicians assistants, nurses, pharmacy technicians, dispensary lead, Spanish translators and clinical support such as eligibility screeners, receptionists, scheduler and medical records

Literacy Council of Lancaster Lebanon

243 Schneider Drive, Lebanon, PA. 17046

www.adultlit.org

Contact: Jane Myers at (717) 295-5523 or jane@literacysuccess.org

LutherCare

600 East Main Street, Lititz, PA. 17543

www.lutherCare.org/volunteer

Call: (717) 626-1171

Opportunities at several sites: Spangcrest in Lebanon, LutherCare for kids in Annville

Pennsylvania Dutch Council – Boy Scouts of America

630 Janet Avenue, Lancaster, PA

www.BeAScout.org

Contact: (717) 394-4063 or rnagerdave@campbashore.org

Retired Senior Volunteer Program (RSVP)

243 Schneider Drive, Lebanon, PA 17046

(717) 454-8647

Volunteer opportunities throughout Lebanon County for seniors age 55+

United Way Volunteer Portal

www.unitedwaylebanon.org/events-volunteer-opportunities

VisionCorps

2550 Hanford Drive, Lebanon, PA. 17042

www.services.visioncorps.net/support/volunteer

Contact: (717) 291-5951

WellSpan Good Samaritan Hospital

252 South 4th Street, Lebanon, PA. 17042

www.wellspan.org

WellSpan Good Samaritan Hospital

1503 Quentin Road, Lebanon, PA. 17042

www.wellspan.org or call (717) 270-7672