



# MYERSTOWN SENIOR COMMUNITY CENTER

101 S. Railroad St, Suite 217  
Myerstown, PA 17067  
© 717-675-9546



Myerstown.SeniorCenter@lebanoncountypa.gov



## NEWSLETTER MAY 2026

Railroad St within the Myerstown Borough Hall on the 2<sup>nd</sup> floor and is open to all Lebanon County seniors 60 years of age and over.

We offer both on and off-site activities such as day trips, social events, exercise programs, consumer education, bingo and daily meals offered 5 days a week. Meal reservations need to be made by 11:00 AM on the previous business day. Suggested donation for meals is \$4.50. No membership fee to join us. We are open weekdays from 10:00 AM to 2:00 PM.

### COMMUNITY PHONE NUMBERS

Lebanon County Area Agency on Aging:  
717-273-9262

Social Security Office: 1-800-772-1213

PACE-PACENET: 1-800-225-7223

Rent Rebate Office: 1-888-728-2937

Medicare: 1-800-633-4227

Anti-Fraud Hotline: 1-855-303-9470

### SPECIAL PROGRAM INFORMATION

- **Seasons of Wisdom Festival for Older Adults (50+ Festival)**  
Thursday, May 14<sup>th</sup>. 10:00 – 4:00 PM  
At Maple St Center Location  
710 Maple St Lebanon 17046  
Food & Resource Tables, Fun Activities!  
Food & Drinks available for purchase  
Contact LCAAA at 717-273-9262 for more information!



### SPECIAL PROGRAM INFORMATION

- **Happy April Luncheon at Cedar Grill\***
- **Happy Mother's Day Luncheon at Knight & Day\***  
Wednesday, 5/6 @ 12:00 PM (Sign up by 4/29)
- **Pickleball at Fairlane Park**  
Tuesdays, Wednesdays, Thursdays at 10:30 AM. (Weather permitting or Gymnasium in case of inclement weather.)
- **Chair Yoga (DVD)**  
Mondays @ 1:00 PM
- **Chair Tai-Chi (DVD)**  
Wednesdays at 1:00 PM (refer to activity calendar for any changes)
- **Dinner & Mini Golf\***  
Thursday, 5/7 @ 4:00 PM – Kauffman's  
Thursday, 5/28 @ 4:00 PM – Wetlands
- **Carpool Trip to Gretna Glen "Spring Fling" \***  
Tuesday, 5/12. 9:30 – 3:00 PM. Sign up & \$25 payable by 5/1.
- **Soup & Sandwich Special Meal\***  
Thursday, 5/21 @ 12:00 PM  
**Menu:** Loaded Potato Soup, Turkey Noodle Soup, Chicken Breast Sandwich, Coleslaw, Strawberry Cheesecake, Milk  
Suggested Donation of \$4.50. Order by 5/14
- **"Paint & Sip" presented by Alpine Valley Rehab**  
Tuesday, 5/26 @ 10:30 AM

### UPCOMING EVENTS

- 6/3 – Monthly Luncheon at 501 Grill\*
- 6/18 – Father's Day Dinner & Mini Golf at Kauffman's
- 6/30 – "Albright Life Center Services" Presentation  
\*Program w/cost & reservation required  
\*\*All information subject to change