



# MYERSTOWN SENIOR COMMUNITY CENTER

101 S. Railroad St, Suite 217  
Myerstown, PA 17067  
© 717-675-9546

Myerstown.SeniorCenter@lebanoncountypa.gov



## NEWSLETTER JULY 2026

Myerstown Senior Center is located at 101 S. Railroad St within the Myerstown Borough Hall on the 2<sup>nd</sup> floor and is open to all Lebanon County seniors 60 years of age and over.

We offer both on and off-site activities such as day trips, social events, exercise programs, consumer education, bingo and daily meals offered 5 days a week. Meal reservations need to be made by 11:00 AM on the previous business day. Suggested donation for meals is \$4.50. No membership fee to join us. We are open weekdays from 10:00 AM to 2:00 PM.

### COMMUNITY PHONE NUMBERS

**Lebanon County Area Agency on Aging:**  
717-273-9262  
**Social Security Office: 1-800-772-1213**  
**PACE-PACENET: 1-800-225-7223**  
**Rent Rebate Office: 1-888-728-2937**  
**Medicare: 1-800-633-4227**  
**Anti-Fraud Hotline: 1-855-303-9470**

### SPECIAL PROGRAM INFORMATION

- **Happy 250<sup>th</sup> Anniversary Party at Country Fare\***  
Wednesday, July 1<sup>st</sup> – 11:30 -2:00 PM  
Lunch order off the menu. Entertainment by Lee Moyer. Sign up by 6/24.
- **“Dementia” Presentation by Seniors Helping Seniors**  
Tuesday, 7/28 at 10:30 AM

- **Survey for Acrylic Paint Classes with Brandon. (call or visit if interested)**
  - **Option 1: 8-weeks session.** Learn basic acrylic painting techniques and complete multiple finished paintings throughout the course. All supplies provided. \$250 per person
  - **Option 2: Ongoing monthly class.** 10 minimum participants expected. \$35 Per person.
- **Pickleball at Fairlane Park**  
Tuesdays, Wednesdays, Thursdays at 10:30 AM. (Weather permitting or Gymnasium in case of inclement weather.)
- **Chair Yoga (DVD)**  
Mondays @ 1:00 PM
- **Chair Tai-Chi (DVD)**  
Wednesdays at 1:00 PM (refer to activity calendar for any changes)
- **Dinner & Mini Golf\***  
Thursday, 7/2, 7/16 @ 4:00 PM – Kauffman’s  
Thursday, 7/9, 7/30 @ 4:00 PM – Wetlands
- **Soup & Sandwich Special Meal\***  
Thursday, 7/16 @ 12:00 PM  
**Menu:** American Sub, Chilli, Vegetable Soup, Coleslaw, Apple Crumb Pie, Milk  
Suggested Donation of \$4.50. Order by 7/9.
- **Carpool trip to Gretna Theatre “Hair” \***  
Thursday, 7/23. 2:00 PM show. \$33 by 6/23. Lunch at Quentin Haus at 12:00 PM. Lunch pay on your own.

### UPCOMING EVENTS

- 8/5 – Monthly Luncheon at Cedar Grill
- 8/20 – Indoor Summer Picnic
- 8/25 – “Fixed Route Workshop” Orientation & bus ride presented by Lebanon Transit.  
\*Program w/cost & reservation required  
\*\*All information subject to change